

## Writers' Guidelines for *Currents*

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### PURPOSE AND MISSION

*Currents*, the annual journal of The Body-Mind Centering® Association, Inc., publishes professional writing in the field of somatics. The journal's content reflects the depth and breadth of the *Body-Mind Centering* work by focusing on featured articles and case studies about applications of BMC<sup>SM</sup> to various populations and in various contexts. Articles should reference *Body-Mind Centering* principles and processes. The Editorial Board encourages philosophical or technical articles, articles that present new material, give an overview, or simplify complex concepts, and interviews of somatic practitioners applying somatic discoveries in their work. Specifically, articles should provide a bridge for understanding BMC in teaching, practice, applications, community, and other contexts. Photos, artwork, and poetry expressing various aspects of somatic states will also be considered.

### OUR AUDIENCE

The primary audience is the *Body-Mind Centering* community: those teaching, practicing, and learning the work. A secondary audience includes other somatics professionals, healthcare professionals, artists of all kinds, athletes, childcare professionals, psychologists, yoga practitioners, and students both inside and outside the university setting. The journal's content and language strives for a balance to attract both an experienced audience and individuals who are encountering BMC for the first time.

## DEADLINES

See BMCA website for most up to date information at [www.bmcassociation.org/publications/currents](http://www.bmcassociation.org/publications/currents)

## LENGTH

### Articles:

A feature article is typically between 2,000 and 5,000 words in length, 8-12 pages, including references. Occasionally the Editorial Board will consider a longer essay.

A shorter submission (review, short essay, or news report) is concise (400-1,000 words), consuming 1-3 pages, including any graphics.

Occasionally the Editorial Board will consider an essay with a length in between these two.

**Graphics:** Poetry, photo essays, or artwork will be accepted as space allows.

Simultaneous submissions by the same author are accepted.

## SUBMISSION FORMAT

Submission of articles and graphics must be via electronic format and also regular mail.

We will accept articles in a language other than English only if an English translation is provided.

We reserve the right to reject articles which have not been carefully proofread before submission.

BMCA does not usually publish papers which have been submitted or published elsewhere.

**Articles** must follow these guidelines:

- Microsoft Word
- Single column
- Double-spaced
- 12 pt. font
- Margins of at least one inch (2.5 cm.) on all sides
- Pages numbered consecutively throughout the paper
- Text files may **not** include embedded images or formatting. Please send pictures separately at 300 dpi only. Indication of placement in text should be indicated in brackets. For example, [Insert Photo #1 here]; [Insert Table #2 here].

**Graphics** in the journal appear in black and white. Illustrations submitted (line drawings, halftones, photos, etc.) should be clean originals or digital files. Digital files are recommended for highest quality reproduction. Hardcopy artwork or photographs may be submitted and will be returned upon request **only** if a self-addressed envelope or other packaging is provided. All photographs or artwork should substantiate and enhance the written material. Photo essays are also accepted. Identity of and permission of the photographer or artist are required.

All graphics must follow these guidelines:

- 300 dpi or higher and shot with knowledge of high-resolution
- submit to Editor on a CD or e-mail preserved at 1MB or higher

- Graphic must be sized to fit on journal page which relates to resolution it was originally shot
- EPS, TIFF, JPG, or PSD format only

**Tables and figures** should not be embedded in the text, but should be included on separate sheets or files. Authors should indicate the desired placement of tables and figures in the text (*i.e.*, place Figure 1 here). Figures reprinted from other sources should be acknowledged and permission for use must be obtained by author. Footnotes should be noted in numerical order within the text and then placed at the end of the manuscript, preceding the references.

## ABSTRACTS

All feature articles must include an abstract that should not exceed 250 words and should summarize the objects, main points, and conclusions of the paper. In the context of the abstract, avoid abbreviations, diagrams, and reference to the text.

## AUTHOR BIOGRAPHY

Biographies of authors or co-authors (including contact information) must be submitted on a separate page and are not to exceed 125 characters.

## SUBMISSION ADDRESS

Submit all manuscripts and correspondence via e-mail to: [currentsBMCA@gmail.com](mailto:currentsBMCA@gmail.com) and hard copy manuscripts via regular mail to **Currents Managing Editor, Kate Tarlow Morgan**, Box 149, 400 Cowpath 40, Marlboro, VT 05344; Tel: 802-257-0855.

## NOTIFICATION

The Currents Editorial Board reviews all submitted articles and other submissions. Submissions may be (a) accepted, (b) accepted with provisions, or (c) rejected. We base acceptance on significance, relevance and interest of represented material. Once an article has been accepted, a contract will be mailed to the author for signature.

- (a) **Accepted submissions:** If a submission is selected for publication, the author will be contacted immediately to assist in the editing process. BMCA reserves the right to edit all copy and to make decisions regarding selection of artwork and photos. The Editor oversees the editing of submissions for style and content, identifies additional information that may enhance a submission, and manages all logistical activities involved in publishing the article. The Editor keeps close contact with the author throughout the duration of the editing process. Where appropriate, a submission will be subject to anonymous review by a select group of somatic experts.
- (b) **Submissions accepted with provisions:** A submission may be provisional for two different kinds of reasons.
1. The Editorial Board may feel the submission is worthy, but major revisions are necessary. If major edits are performed, a copy of the revised article will be sent for approval. Once the editing process is completed and author and Editor are in agreement, the document goes to technical copy-check and layout design. At this point, the Editor will determine whether the author should review detailed copy corrections. At the end of this process, the decision for final publication is at the Editorial Board's discretion.

2. A submission may be acceptable but not appropriate for the upcoming issue. If the article is not appropriate for the upcoming issue, it may be held for a future issue. Although it is the intention of the Editorial Board to publish a submission in the most timely manner possible, nevertheless the Editorial Board may not be able to predict exactly when this submission might be published. The author may attempt to publish his/her work elsewhere. Therefore, **written, emailed notification from the author is required for cancellation of any submission** which is under consideration no later than 4 months before the publication date.

Note: Our journal exists to provide information and to stimulate thought. We strive for accuracy, a consistent and readable format, and to represent the diversity of the BMC community. We realize that some writers may not be as proficient in English grammar as others, or that English may not be their native language. We encourage foreign language submissions with translation.

- (c) **Rejected Submissions:** Submissions rejected by the Editorial Board may be reconceived, rewritten, and resubmitted at a later date. The Editorial Board urges authors of rejected submissions to ask for specific feedback from several people in the field before re-submitting.

## **AUTHORSHIP**

All accepted manuscripts, artwork, and photographs become the property of the publisher, BMCA. Once material is published in *Currents* (or *ConCurrents*), it becomes the copyrighted property of BMCA. Written acknowledgment must be obtained from BMCA to re-publish in other journals or publications.

For multiple authors of an article, the order of the author by-line should be reached by consensus of the co-authors. All authors should be listed by full name and may include degrees and affiliations or other pertinent information for the "Author Information" section. Biographical and contact information (including address, phone and/or fax information, and e-mail address) for all authors must be provided.

All persons designated as authors must qualify for authorship through (1) conception, design, and/or analysis and interpretation of data; (b) writing or revising the manuscript for intellectual content; and (c) final approval of the paper for submitting for publication. All three criteria must be met, as applicable. Contributors who do not meet these three criteria should be listed, with their permission, in an acknowledgment paragraph.

Authors will receive one copy of the issue in which their work appears.

## **ETHICS OF WRITING**

The journal is not a vehicle for promoting individuals, schools, practices, etc. We will consider interviews and personal articles on those individuals who have achieved a well-known status in the community, or those who have made significant contributions that deserve acknowledgment. We will list links to individuals, organizations, and schools related to the subject matter of this journal. Advertisements for schools, programs, etc. are accepted.

No identifying information on client individuals should be included in the submission or the final article without written, informed agreement. All case studies should have written permission from the client(s) or, if the client is a minor, from the parents or other caregivers of that minor. Go to [\[link\]](#) for a form of this written agreement. Informed consent must be obtained from any study subjects.

Give credit to sources with footnotes and bibliographies. Written permission must be obtained for use of any copyrighted material.

An idea or concept should stand on its own without making unsubstantiated, denigrating criticisms of other persons, schools, practices, or modalities. If any comparisons are made, please refer to factual data, not individual beliefs or assumptions.

## **ADVERTISING**

Although an article or other content may run simultaneously with related advertising, BMCA does not publish content in order to sell advertising. An advertiser may run an advertisement because the article is going to appear, but never the reverse. All editorial is independent of sales, as are book, CD, and tape reviews. In the case of book, CD, and/or tape reviews, when BMCA determines that a product will be reviewed, the review is published, whether good or bad. Reviewers, like all writers contributing to this journal, are independent and not compensated monetarily.

For full specifications, see Advertiser Guidelines (on this website).