

BMC CONFERENCE 1985

Over the last few years there has been a growing desire to have a BMC network to meet together to nourish ourselves, discuss the work we are doing in our communities and further the unique impact the work is having in the world. The vision that has been "in the wind" is now "down to earth". There is going to be a gathering of Body-Mind Centering practitioners, teachers and people who have been intensively involved in the work*. It will be a time to share our professional development with each other and offer support, stimulation and clarification regarding our interests and needs.

CONFERENCE DATA

When: Sat. October 12 Arrival, registration and settling in
through begins at 12:30 P.M. Lunch is at 1:15.
Mon. October 14 Lunch begins at noon. Departure - 1:30.

Fee: Includes housing and all meals (7).
\$66 early registration (postmarked before or on Sept. 21)
\$81 late registration (postmarked after Sept. 21) All in by Oct. 1

Place: Woolman Hill Conference Center - Deerfield, Ma. (25 minutes from Northampton; directions enclosed)
The center is surrounded by open fields, expansive views across the valley, wooded trails and logging roads to explore (see enclosed sketch.) By October the trees should be ablaze in autumn splendor. We will have time to enjoy.

Woolman Hill supplies pillows, pillow cases and mattresses.
BRING YOUR OWN TOWELS, TOILETRIES, SLEEPING BAG OR BLANKETS & SHEETS. ALSO BRING MUSICAL INSTRUMENTS FOR IMPROV.

For information call: Ellen Barlow Phyllis Krechevsky
202 244 - 2797 203 523 - 4596
Emma Missouri Sara Vogeler
413 584 - 4504 203 243 - 6034

Call Emma if you need transportation from Northampton to Woolman Hill.
Busses run from Bradley airport to Northampton; fare 1 way \$8.
Busses are available from Springfield to Northampton; fare \$2.

The conference content is being worked on now. The specific schedule will be sent to registrants later on in September. At this time we know the agenda will include discussion on the following questions:

How do you work with your clients? What is your blend of intuition and structure? How do you maintain your own health? How do you maintain a compassionate separation between you and your client? How do we know that what we are doing is effective? What is your evaluation process for assessing client/students needs? (Come prepared to brainstorm so we can develop a client/student intake form.)

How do we accurately represent our work to other professionals, lay persons, clients and students? How do we promote ourselves? How does one successfully run a self-employed business? (We hope to have a business consultant lead this session. Send in specific business or tax questions when returning your registration form.)

What kind of impact are we having and can we have in related fields (dance, fitness, education, healing, health care, etc.)? Do we want to set up an ongoing support network amongst ourselves (association? guild? other?)?

There will be a work session on setting up a newsletter. Attention will also be given to methods of sharing written material for feedback. Bring copies of papers or articles with you if you are interested in having people read and respond. Some mention will be made of advanced communication technology.

*Those about to be certified. Those who have completed the following:
3 summer intensives in the years 1983 1984 1985
2 summer intensives in any of the above years plus 1 January session
1 summer intensive in any of the above years plus 4 January sessions or the equivalent. If you received this announcement in the mail you are in this category, based on class lists. If we left someone out inadvertently have them call Ellen or Phyllis.

BMC CONFERENCE 1985

TO ALL CERTIFIED BMC PRACTITIONERS AND TEACHERS

THE CONFERENCE IS FINALLY OFF THE GROUND! Thank you for sending in your date preferences. October received the most yeas. It was also helpful to have your responses to the questionnaire. Most of you wanted to have a conference open to people who are intensively involved in and committed to BMC work* but you also expressed a strong desire to have some reunion time amongst yourselves. To accommodate this the certified practitioners and teachers will be having a pre-conference meeting Friday night through Saturday morning. As was stated before the purpose is to share our professional development with each other and offer support, stimulation and clarification regarding our interests and needs. Let's make this time together an opportunity to relax, renew and clear our body-minds so that we can move on to an exciting conference as a growing BMC community.

CONFERENCE DATA

When: For certified practitioners and teachers there will be a reunion meeting Friday night, October 11. Arrival time and settling in begins at 5:00 P.M. Dinner is at 6:30. The meeting will continue Saturday morning until noon. At 12:30 conference participants will be arriving and settling in. The conference will begin at 1:15 P.M. with greetings, schedule information and lunch.

The conference will end with lunch on Monday, October 14. We will leave at 1:30 P.M.

Fee: \$82 early registration (postmarked before or on September 21, 1985)
\$97 late registration (postmarked after September 21st)
We need to have all registrations in by October 1st.
Fee includes housing and all meals (9).

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Ellen Barlow
202 244 - 2797

Emma Missouri
413 584 - 4504

Phyllis Krechevsky
203 523 - 4596

Sara Vogeler
203 243 - 6034

We are working on the program content which is based on your questionnaire replies. The specific schedule will be sent to registrants later on in September. At this time we know the agenda will include discussion on the following questions: How do you work with your clients? What is your blend of intuition and structure? How do you maintain your own health? How do you maintain a compassionate separation between you and your client? How do we know that what we are doing is effective? What is your evaluation process for assessing clients/students needs? (Come prepared to brainstorm so we can develop a client/student intake form.)

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Bonnie will speak on where the school is going and the specifics of the new certification process. Please include questions for her with your registration.

Movement activities will include improvization and outdoor games.

If you want to present aspects of the work that you are developing or questions regarding practicing or teaching there will be some time for this through hands-on/movement/discussion sessions. Contact Ellen Barlow, Program Co-ordinator at 202 244 - 2797 or write to her at 3315 Wisconsin Avenue N.W. #603 - Washington, D.C. 20016 - before Sept. 21.

If you have concerns not mentioned above let her know.

A TENTATIVE TIME STRUCTURE which can change subject to our work and recreational needs.

Friday

5:00 - 6:30 arrival & settling in of BMC practioners & teachers for preconference reunion meeting
6:30 dinner & evening together

Saturday

8:15 - 9:00 movement wake up
9:00 - 10:00 breakfast
10:00 - 12:00 session time
12:30 - 1:15 arrival & settling in of conference participants
1:15 - 3:00 CONFERENCE BEGINS with greetings, schedule information & lunch
3:00 - 6:00 session time
6:30 dinner
followed by Bonnie's talk & evening activities

Sunday

8:15 - 9:00 movement wake up
9:00 - 10:00 breakfast
10:00 - 1:00 session time
1:00 - 3:00 lunch
3:00 - 6:00 session time
6:30 dinner
followed by small group discussions, improvization, social time

Monday

7:15 - 8:00 movement wake up
8:00 - 9:00 breakfast meeting
9:00 - 10:30 session time
10:30 - 11:15 center clean up
11:15 - 12:00 closure
12:00 - 1:00 lunch & departure

Friday night thru Saturday morning there will be a preconference reunion meeting for certified BMC practitioners and teachers.

REGISTRATION FORM BMC CONFERENCE OCTOBER 11 - 14 1985

Make checks payable to and send to BMC Conference c/o Phyllis Krechevsky
22 High Wood Road - West Hartford, Connecticut 06117

NAME _____ PHONE _____
Home Work
ADDRESS _____
Street State Zip

Enclosed is my check for _____. \$82 if postmarked on or before Sept. 21
\$97 if postmarked after Sept. 21

Don't forget questions for Bonnie and the business consultant