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The BMCA 36th Annual Conference

Onsite Presenter Biographies

Alphabetical by first name

Amelia Zelda Ender, MA, CMA, DTR, BMC® licensed teacher since 1991 knew from early in life that dance, movement, and a body-based perspective would play a defining role in her perceptual and operational base. A quest for meaning, expression and justice guided a path shaped by the experience and worldview of her parents and family of Holocaust survivors. A Dancer, Movement Educator and Dance Movement Therapist in the boroughs of NYC, Amelia was a clinician in special needs schools and programs, hospitals, and psychiatric facilities; she directed a creative movement and arts program for early childhood at the 53rd st. YWCA; she worked and trained with Dr. Yael Danieli, Director of the Group Project for Holocaust Survivors and their Children, editing cutting edge research papers on trauma, and the intergenerational transmission of trauma. She has taught for the School of Body-Mind Centering® Antioch University and Springfield College. Amelia currently serves as a Jewish Chaplain and Program Coordinator within the Office of Community and Belonging, which promotes the work of equity and inclusion in a diverse student body.

Annie Brook, somatic author, educator, and practitioner, has over 40 years working clinically to support embodied change with families, individuals, and children. She shares geeky somatic tools and tips around the globe. Her specialty is precognitive memory, her method, Applied Neuroplasticity tm. Annie founded the Brook Institute to train therapists to help clients release dissociation and process life events via the body story so one can enjoy these precious moments of life with resiliency.

Austin Selden graduated from the University of Michigan with a BFA in Dance. He is certified in mat pilates, is a Licensed Massage Therapist, has taken five BMC® courses and is pursuing his Visceral Manipulation certificate. He danced with Shen Wei dance arts for six years, and has worked with other NYC based choreographers. He has been co-creating with Sarah Konner since 2007, and hopes to keep doing so. He has lived in Brooklyn since 2011.

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Betsy Wetzig, dancer, movement researcher, educator. Since 1971, Betsy has applied the neuromuscular tension patterns' functions of awareness, creativity, and coordination to Dance, the Arts, Pilates, Style, the improvisational work of InterPlay™, Culture and more, she founded Wetzig Coordination Patterns™ & Behavioral Dynamics Training and co-developed Psyche-Soma Dynamics (Dr. Mary Alice Long) and Full Potential Learning (Dr. Patricia Pinciotti). Co-author of Move to Greatness: Focusing the Four Essential Energies of a Whole and Balanced Leader with Ginny Whitelaw, she consulted on the creation of the FEBI® (Focus Energy Balance Indicator). Her work is included in Constance Schrader's A Sense Of Dance: Exploring Your Movement Potential, and Anne Gilbert's Brain-Compatible.

Christine Cole, RSMT, the founder and director of Somatic Body Training Program, is an expert in the embodiment of human development. On the leading edge of research about somatic movement education and therapy, she displays a radical trust in embodied experience as the primary way for groups to co-create knowledge. A teacher of Body-Mind Centering®, Practitioner of Integrative Acupressure and Infinity Healing, she has taught at the School for Body-Mind Centering® and brought her teaching worldwide.

Cynthia J Williams, BFA University of Utah, MFA Connecticut College, is a Professor of Dance at HWS Colleges where she teaches dance technique, composition, improvisation, dance history and dance criticism/embodied writing. Cynthia is a certified Evans technique teacher, co-chairs the Dance Area Studies of the PCA, and directs the Somatic Dance Conference & Performance Festival in Geneva, NY. She has performed in commissioned works by Bill Evans, Paula Josa Jones and Claire Porter and has been a student of BMC® since the 1980s. Cynthia is currently working on a book about choreographer Jane Comfort.

Cindy Stevens INSITU slips into swamps, streams and forests to explore the inter-relationship of the body, community and environment through site-based performance and media. Over the past 40 years her work has been presented in the United States, Canada, Europe and New Zealand including site-specific performances in the Kröller-Muller Sculpture Garden, Netherlands, and in Muir Woods National Monument, California for its Centennial. Cynthia has a BS in Natural Resources/Wildlife Ecology and is a certified Somatic Movement Educator and Practitioner of Body-Mind Centering®.

David France is a wandering monk currently based at the San Francisco Zen Center. Interested in exploring movement through a broad lens, his lessons are eclectic and interdisciplinary. Currently his practice focuses on Butoh, Contact Improvisation, freediving, Shorinji Kempo, and taoist yoga. He has been living in Japan for the last 15 years teaching yoga and BMC® and researching Japanese body-mind practices. He teaches in the Sonder Movement Projects SME program.

Dawn Karlovsky is the Founder and Director of Karlovsky & Company Dance, a St. Louis-based contemporary modern dance company and 501(c)(3) not-for-profit organization. Karlovsky's movement language is somatically inspired



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emphasizing the detailed use of touch and spatial and sensory awareness. Dawn is a nationally certified teacher of the Alexander Technique (AmSAT) since 2004. She teaches Modern Dance, Somatic Education, and The Alexander Technique at Washington University, in the Department of Dance and for the Department of Music at Webster University in St. Louis and maintains a private teaching practice in the Alexander Technique. Dawn holds a MFA in Choreography from the University of Utah and BA in Dance Performance from Northern Illinois University.

Debra Corea, RYT, inspired by her explorations, experience and trainings in yoga, meditation, Continuum Movement®, and Koru Mindfulness® has been encouraging student's self-discovery in her courses (Living Anatomy, Living Yoga; Into the Present Moment; and Embodied Resourcing Through Somatic Practices) in the Mind-Body Somatics Cluster within the Program of Dance and Movement at the University of Rochester over the past 12 years.

Elaine Colandrea explores how the somatic arts shape consciousness, informing and inspiring the creative process as well as fostering connections between self, others and nature that organically create a more humane world. Artistic Director of Watermark Arts, as well as a movement artist, Continuum teacher, somatic educator and massage therapist, her work has been deeply influenced by her association with Emilie Conrad, founder of Continuum. Her abiding passion is bringing people together to directly experience the body's transformative capacity. With Rori Smith, Elaine co-authored "The Elemental Body: A Movement Guide to Kinship with Ourselves and the Natural World."

Elizabeth Mackenzie is a professional member of the Dance Therapy Association of Australasia (DTAA). Elizabeth initially was impacted by the work of Bonnie Bainbridge Cohen in reading her articles in Contact Quarterly magazine. Elizabeth has studied with Bonnie since her workshops in Melbourne in 2016 and in California in 2017 and 2019. Elizabeth has trained to Level 2 in IFS and is a graduate of the Hakomi Method of mindful psychotherapy. Elizabeth teaches yoga and meditation and works as Activities Coordinator at Prague House, Melbourne, whose residents have usually experienced homelessness. Elizabeth formerly directed Move with Your Baby, a community dance therapy program in Melbourne, AU, focused on the mother and baby connection.



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Ellen Barlow, a founding member of the Body-Mind Centering® Association, has been applying the awareness and wellness practices of BMC® in dance, fitness, yoga, and physical therapy since the mid-1980's. She is a certified Practitioner and Teacher of Body-Mind Centering®, a Certified GYROTONIC® and GYROKINESIS® Trainer, and a Registered Somatic Movement Educator (RSME - ISMETA), currently serving on the board of directors of the International Somatic Movement Education and Therapy Association (ISMETA). She resides in Washington DC where she maintains a private practice and works at Elements Fitness & Wellness Center as a Senior Instructor and Physical Therapy Aide.

Emily Healy (she/her) is a mover and beekeeper. She has a BA in Environmental Studies from Ithaca College and currently teaches aerial and acrobatic arts at Circus Culture in Ithaca, NY.

Eva Maes, after obtaining a Master in History, Eva studied at Cunningham Dance Studio (NY). In 2003 she met Lisa Nelson's 'Tuning Scores', and started her studies at the School for Body-Mind Centering®, where she graduated as Practitioner (2006, USA), and as certified BMC® Teacher (2019, IT). Collaborations in dance include Chantal Yzermans/Radical Low and Anouk Llaurens. She loves fluctuating between diverse educational, artistic and research environments. Both her project 'Embodiment Embroidery' which she concluded in 2021 within the Master Dance- program at the Royal Conservatoire Antwerp, as well as the research project 'Transmitting the Body' which she developed within the CORPoREAL-platform, allowed her to further explore 'embodiment' and 'transmission' as core themes of Dance.

Faye Berton is a somatic-based yoga teacher with the highest certification through Yoga Alliance. After decades of teaching traditional asana, she developed the Fluid Strength Yoga Practice. She is certified through the Ayurvedic Institute, published in Light on Ayurveda and served on the board of the Minnesota Ayurveda Association. A certified Feldenkrais practitioner, she has also explored other somatic work with masters such as Marjorie Barstow, Emile Conrad, Charlotte Selver, Else Middendorf and Ruthy Alon. She founded the Laurel Yoga Studio in Minnesota and the Casa Lalita Retreat Center in Mexico. Faye has authored two books: Embodied Ayurveda for Yoga Practitioners: Increasing the Healing Potential of Yoga, and The Fluid Strength Yoga Practice: Vitalizing the Body and Resting the Mind.



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Florence Poulain is a Body-Mind Centering® SME and a Butoh dancer. Florence builds her costumes and sets, she photographed dancers first and has been exploring movement in the community. Florence worked in professional film and video production in NYC and as a Creative Arts / Activities Therapist in Emergency in-patients Psychiatry and Emergency Substance Abuse Detox unit at the Kingston NY HealthAlliance Hospital. Florence lives and works with her partner Kristopher Johnson, photographer, and they run Deep Tanks Studio, a visual and performance arts space in Kingston, NY.

Hannah Park is an associate professor, director of the dance program, and assistant chair of Arts and Languages Department at Iona University, NY, where she also serves as the artistic director of the residential dance ensemble. Her current research interests encompass dance and creative processes—the application of Laban Movement Analysis, Bartenieff Fundamentals, and somatics in dance education, integrated arts education, community engagement and social entrepreneurship. She holds a PhD in dance education from Temple University, an MFA in dance performance and choreography from Tisch NYU, and a BFA in dance performance and choreography from the SUNY Purchase. Hannah is a somatic practitioner certified in Laban Movement Analysis and Body Mind Dancing.

Ildiko Viczian has a degree and experience in visual art and design, certification from the School of Body-Mind Centering® as Practitioner and Teacher in 1993, certification of CranioSacral Therapy, SomatoEmotional Release, and Visceral Manipulation. She studied Kinetic Awareness, then anatomy and kinesiology at NYU. Ildiko was commissioned Presenter of Centering Prayer by Contemplative Outreach in 2005.. She facilitates two Centering prayer groups, teaches BMC® based movement, Somatic-Spiritual Awareness, Contemplative Movement, Embodied Prayer in New York, US and Europe, in person, online and speaks English, German, French, Hungarian.

Jan Cook is an ordained Buddhist meditation teacher and Body Mind Centering® practitioner. She has taught in the Dance Program for 12 years and shares her rich background in Somatics and transformation with various populations in the community, corporate groups, and educational organizations. She has created a series of courses called Meditating from the Body.



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Jey Hiott, PhD (Applied Psychology, NYU) MA in Humanistic Psychology (West Georgia) Movement and Eastern Psychology study at Naropa Institute. In her late 20's, Jey discovered her love of dance. Having watched Post Modern Dance and Contact Improvisation on SC Educational TV, she moved from the south at 30 to study and experience Contact Improv. Ending up in NYC for 15 years, Jey learned of Bonnie and studied in-person with her as much as possible. From the beginning, Jey appreciated the psychological implications of BMC® teachings. Those principles and way of "seeing" have become an integral part of her practice. A Certified IFS Therapist and Approved Clinical Consultant, Jey has a private practice in Asheville, NC and has assisted in IFS trainings in the US, AU, and the UK.

Julie Nathanielsz, MFA, is eternally interested in how we are composing ourselves in life, art and culture from the ground of bodily intelligence. Across multiple mediums, her work is lately devoted to generating opportunities to explore our sensual and storied connection to place, and its inherent possibilities for reciprocity, relationship, and repair. Julie has taught movement, dance and contemplative practice independently for 20 years, as well as for Texas State University, Austin Community College, and Cornell University, bringing a critical lens to classes in technique, improvisation, and experiential anatomy. She is a certified teacher of Skinner Releasing at Introductory and On-Going levels, and a student of the Amerta movement work of Javanese master teacher, Suprpto Suryodarmo.

Kate Tarlow Morgan, choreographer, author, and teacher is editor-in-chief of Currents Journal for the Body-Mind Centering® Association, and editorial consultant for Lost & Found Poetics Document Initiative at C.U.N.Y.-Center for Humanities. As sole archivist of The Rhythms Fundamentals, based on the study of human and animal natural movement, Kate is teaching teachers specialist at The City and Country School in NYC and Brattleboro School of Dance, in Vermont. She is working on a tome for 15 years entitled, Learning the Fundamentals: A Natural History of Movement in the Progressive Era.

Lauree Wise, M.S./OTR, CMA, IDME, Lauree has engaged in exploring the realm of body mind spirit integration for much of her life. A long time ago, as a philosophy major and dancer in college, she wrote her senior paper, entitled, A Mind Body View of the Self. She became a certified Laban Movement Analyst ('85) and is a Body Mind Centering practitioner ('94). For the past 21 years, she has been working as a pediatric occupational therapist ('2000), specializing in sensory-motor integration. About 30 years ago, she met Arny Mindell, the founder of Process Work and participated in a four-year program with Aileen Crow, integrating process work and authentic movement. She facilitated a weekly Process group for people with life-threatening illnesses. Lauree is on the faculty for the Spanda Yoga Movement Therapy training and has taught in other somatic oriented programs. In her private practice, she enjoys 'following the process' with people of all ages.

Lillian Stamey is a registered Somatic Movement Educator and Therapist. She studies the living-body through organic inquiry, somatic practice, teaching, writing, dance-making, performance, and assisting the healing process for others. She is endlessly fascinated by the interplay of body and consciousness. Lillian received a master's degree in Dance and



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Somatic Well-being: Connections to the Living Body from University of Central Lancashire and granted professional membership with ISMETA. Lillian explores various containers to guide others through 1:1 sessions, group workshops, and online education. She has been sharing her love and expertise of body movement & awareness practices for over 10 years. Lillian provides immersive, creative, and dynamic learning environments for self-exploration.

Linda Tumbarello is the founder of the Tumbarello Approach to healing and education which integrates Body-Centered Psychotherapy, Bodywork, and Movement. She began studying with Bonnie Cohen in 1973, and taught at the School for Body Mind Centering® in Amherst for 30 years. Since 1991, she has been teaching in the Dynamic Embodiment Program with Dr. Martha Eddy. Linda is a Licensed Mental Health Counselor and Certified Body-Mind Centering® Teacher. The author of “The Heart of Self-Care: A Women’s Guide to Joyful Living and Well-Being”, and “Joyful Sexuality for Women”, she is currently writing *Self-Care in the Hard Times*. Linda offers individual sessions, healing retreats, supervision, and mentoring in Northampton, MA, and virtually.

Lindsay Gilmour is a choreographer, filmmaker, and educator. Her work explores presence, ritual, and the body’s relationship with the natural world. She combines the mystical, somatic and scientific looking deeply into what it means to be human in the 21st century. Her most recent works delve into embodying local landscapes and express the need for wild untamed spaces. Lindsay is the recipient of a Nehru Fulbright Award for Academic and Professional Excellence (2018) and a Hellman Fellowship (2020-2021), which supports her research exploring the preservation, adaptation, and innovation of Ritual Dance in Vajrayana Buddhist Nunneries and Monasteries in India. She is interested in embodied knowledge and exploring what ancient dances share with contemporary somatic movement practice.

Lorelie Bond, an explorer of many disciplines from scientific research journals to music, movement and flying, she is a psychiatric RN, a Somatic Movement Educator and a Biodynamic Craniosacral Therapist. After 20 years of somatic movement study and research with Christine Cole, she especially enjoys collaboration on topics in embryology and inner and outer ecosystems.



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Maren Waldman is a dance artist, educator, bodyworker, entrepreneur, and community organizer. She facilitates multi-disciplinary, intergenerational dance and environmental arts projects in collaboration with community groups, municipal sectors, scientists, and artists. Maren earned her MFA in Dance Performance and Choreography from CU Boulder, holds a BA in cultural Anthropology from Haverford College, is a licensed massage therapist and has a certificate in Permaculture Design. She has offered dance classes, private lessons, and healing arts to her communities since 2007 and led a community college dance program in Colorado for 5 years. Maren's mission is to contribute to a future where care for Body and stewardship of Earth weave together to generate healing change.

Margery Segal is a Dance Artist, Writer, Somatic Movement & Psychotherapist with a specialty in early development and Pre and Perinatal Birth Attachment Therapy. Currently, she directs The Somatic Child Integrative Practitioner Program at Aqua Springs, Texas near Austin & in Sao Paulo, Brasil. She has a private practice and leads Rebel Women's Embodiment Groups and Intensives. Some of her Certifications include: Body Mind Centering® Practitioner and Teacher IDME Licensed Counselor/MA in Counseling Psychology Registered Somatic Movement Therapist w/ ISMETA Infant Developmental Movement Educator® Rhythmic Movement & Reflex Integration Certificate Internal Family Systems Therapist Skinner Releasing Dance Educator.

Mariah Maloney is an award-winning filmmaker and artistic director of Mariah Maloney Dance, an organization dedicated to presenting Maloney's interdisciplinary collaborations. Originally from Homer, Alaska, Mariah is a former Trisha Brown Dance Company soloist and ensemble dancer. Current research explores the intersectionality of Irish Traditional music and dance forms and live music culture in dialogue with postmodern improvisation practices. Mariah's research comes together with artists across disciplines in collaboration with composers, poets and visual artists. Her movement practice is deeply informed by the study of Body-Mind Centering®, Alexander Technique and Improvisation. Maloney leads classes at Movement Research and is an Associate Professor in the Department of Dance, SUNY Brockport.

Mary Ann Rund (aka Reis), MFA, SME, IDME is a dance artist and educator in the fields of dance, yoga and somatic movement whose work is greatly influenced by her Body-Mind Centering® (BMC®) training with Maryska Bigos and Bonnie Bainbridge Cohen as well as exchanges with BMC® colleagues. She has taught dance and somatic movement for several decades at institutions including Washington University and Webster University in St. Louis, MO. Currently Mary Ann is engaged in assisting with the furthering of developmental skills for a toddler with brain stem damage.



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Matthew Nelson is a spiritual choreographer devoted to connecting people with the divine intelligence of their bodies.

More at www.soma.works.

Megan Nicely is an artist/scholar whose research involves choreographic experimentation through the medium of the body. She combines critical dance and performance studies theory and philosophy with physical practice in release-based dance, Japanese butoh, and somatics. Nicely has published in TDR, *Choreographic Practices*, *Performance Research Journal*, and others. Her company Megan Nicely/Dance has performed on both U.S. coasts, in the U.K., and in Europe. She is currently Associate Professor and Chair of Performing Arts and Social Justice/Dance at University of San Francisco, a program that focuses on the arts and social change. Her book *Experimental Dance and the Somatics of Language* is forthcoming from Palgrave. www.megannicelydance.org

MelindaJoy Pattinson, a native of New Mexico, is a Psychotherapist in private practice, having graduated with her Masters of Counseling from Southwestern College, in Santa Fe. She specializes in creating healthy relationships with clients using the principles of Interpersonal Neurobiology, Harm Reduction Therapy, Creative Arts and Somatic modalities, as appropriate. MelindaJoy has varied experience as a workshop presenter, speaker and teacher for over twenty years.

Michelle LaVigne teaches rhetoric and communication at Cornell University. She writes about the persuasiveness of dance and how rhetorical practices can be rethought from dance. Her scholarly and critical work was published in the *Oxford Handbook on Contemporary Ballet*, TDR, *Quarterly Journal of Speech*, *Text and Performance Quarterly*. She is currently working on a manuscript about the potential persuasiveness of repetition by looking at how (and why) some Western concert dances in contemporary culture (i.e. *The Nutcracker* and *Alvin Ailey's Revelations*) repeat. The manuscript's central argument maintains that the circulation and repetition of dances are important identifiers of cultural normativity and disruption, which can and should be understood as rhetorical forces.

Missy Pfohl Smith directs the Program of Dance and Movement and Institute for the Performing Arts at University of Rochester, as well as the collaborative repertory company BIODANCE. Her teaching practice draws from somatic dance practices, Bill Evans pedagogy, an eclectic background in contemporary modern dance and an active and collaborative creative and choreographic practice.

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Ryuta Iwashita (they/them) currently lives and improvises in Bulbancha (also colonially known as New Orleans).

Ryuta was a movement/performance/visual artist and educator living in Japan for 25 years. Their artistic lexicons are rooted in social justice, somatics, martial arts, child education, and ancestral work including 祖体 (SOTAL) of which Ryuta is its conceiver. Their work and teaching moves and responds to juxtapositions of phenomena, systems, and galaxies, such as the one between their Japanese heritage and their westernized life in the Southern US, or between a day of organic farming and a night of MSG-heavy instant noodles, or the relationship between their internal organs and their ancestors moving and pausing as stars.

Sara K. Vogeler, BMC®, RSMT, LMT, AOMT, MFLCI, founded and directs The NeuroMuscular Center, Inc. in NYC for natural pain relief. She met Bonnie in 1973 as a student at NYU where she began a life-long study in Body-Mind Centering® and taught in the summer intensives. After apprenticing with Erick Hawkins, she toured Europe and the U.S. with David Woodberry and taught BMC® in Amsterdam before founding her center in 1990 in NYC. She has almost 50 years of experience in helping others improve from sports injuries, developmental delays, TBI, TMJ, RSI, neck and back pain. She raised a child with ADHD and ODD, and eagerly published her knowledge as an online course to help others in their journey! <https://app.mastermind.com/masterminds/37888>

Sarah Konner is a dance artist, improviser and Somatic Movement Educator. She creates dance-theater work and has had the pleasure of working with Austin Selden, Jeanine Durning, Jenna Riegel, Sara Shelton Mann, Chavasse Dance & Performance, and setGo Performance Improvisation. Sarah teaches Body-Mind Centering®, contact improvisation and contemporary dance in the US and internationally— currently on faculty at Wesleyan University, Amherst College, Smith College, and Movement Research. Sarah holds an MFA in Dance at Smith College, a BFA in Dance and a BS in Environmental Science from the University of Michigan, and is certified in Yoga, Pilates, and Body-Mind Centering®. www.SarahandAustinDance.com

Trude Cone, originally from the US, has lived 46 years in Amsterdam, Netherlands. She came to the Netherlands as a dancer, worked as a choreographer, dance teacher, founder of two dance performance spaces, and dance educator. She has retired after 43 years working for the Amsterdam University of the Arts (AHK), the last 15 years as student coach for students from all faculties studying at the AHK. She has a private practice working with adults Moving Thought. She is a certified Body-Mind Centering® Practitioner, Neuro Physiological Psychological (INPP) therapist, and Rhythmical Movement Consultant, specializing in early movement patterns and learning strategies. She is a member of ISMETA AND BMCA.