

BODY-MIND CENTERING®

association, inc.

“Being With” Onsite Hobart and William Smith Colleges Schedule

Wednesday, June 21, 2023

<i>Time</i>	<i>Session</i>	<i>Presenter(s)</i>	<i>Room</i>
1:15 - 1:45pm	Opening Circle		Studio 104
2:00 - 3:15pm	Time with Homolateral	Ellen Barlow	Studio 104
	Relational Beings: Resonating with the Endocrine System through Contact Improvisation	E.E. Balcos	Denning Dance Theater
	Embodying the Nucleus Acumbens (Hybrid)	Toni Smith	Winn Seeley Dance Studio
3:30 - 4:45pm	Being With... Discomfort	David France	Studio 104
	3 become 1: utilizing embryology to embrace the 3 dimensionality of the pelvis (Hybrid)	Wendy Hambidge	Winn Seeley Dance Studio
Dinner			

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Thursday, June 22, 2023

<i>Time</i>	<i>Session</i>	<i>Presenter(s)</i>	<i>Room</i>
9:00 – 10:15am	Transmitting the Body: researching (through) dance	Eva Maes	Deming Dance Theater
	Chair Dancing & Balance Work: Rhythmic Movement for Seniors and people with Parkinson's Diseases (Hybrid)	Jill Becker	Winn Seeley Dance Studio
	Being with Safety Release Technique: pedagogues together discuss their diverse applications (Hybrid)	B.J. Sullivan with Panelists: Billy Hawkains Caitlyn Schrader, & KT Williams	Gearan 228 Smart Classroom
10:30 – 11:45am	Tropes and Slippery Slopes: The Language of Embodiment	Cynthia Williams	Deming Dance Theater
	From The Somatic Archive: Education, Natural Movement & The Basic Neurocellular Patterns	Kate Tarlow Morgan	Winn Seeley Dance Studio
Lunch Break			
2:00 – 3:15pm	Breathing Bones	Hannah Park	Studio 104
	Embodied Writing Practice: Being with your Writing	Megan Nicely with Michelle LaVigne	Deming Dance Theater
	Nature Body: sensing within the natural world (Hybrid)	Sandrine Harris	Winn Seeley Dance Studio
3:30 – 4:45pm	Body-Mind Centering® and Centering Prayer	Ildiko Viczian	Deming Dance Theater
	Working With Our Different Ways of Moving and Being	Betsy Wetzig	Studio 104
	Our Ground is Water (Hybrid)	Sylvia Maes	Winn Seeley Dance Studio

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Dinner Break

**7:30 – 9:00pm
Event**

8 Video Performances

- ★ Lale Madenoglu: *As it Is*
- ★ Vanessa Chapple, Fiona Harrison, & Kim Sargent- Wishart: *Traces*
- ★ Bernadett Jobbagy: *Lapsúlyos || Certain Solitude*
- ★ Shay Hartung: *a heart unbound*
- ★ Dr. Leonard Cruz: *Shapeshifting Game*
- ★ Lisa Dowler: *ELaTlon- Enhancing Lives Through Improvisation*
- ★ Anja Bornšek & Snježana Premuš: *Touch Tissue Texture*
- ★ Caryn Heilman, Sophia Naz, Nana Simopoulos: *Hands*

Fish Screening Room

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Friday, June 23, 2023			
Time	Session	Presenter(s)	Room
9:00 – 10:15am	The Whole Somatic Child Engaging Lightness of Being	Margery Segal	Studio 104
	As Bodies of Water	Mary Ann Rund	Outside location TBD (McDonald Black Box if rain)
10:30 – 11:45am	Relaxation Therapy Through Guided Meditation	MelindaJoy Pattinson	Deming Dance Theater
	Let's Open the Gates! Exploring the MemBRAIN as the Key to Cellular Intelligence	Sara Vogeler	Studio 104
Lunch Break			
2:00 – 3:15pm	The Brave Space of Ecstatic Dance	Matthew Nelson	Studio 104
	Resourcing Through Somatic Practices: A Popular 4 credit college course	Jan Cook with Missy Pfohl Smith & Debra Corea	Winn Seeley Dance Studio
	Panel Facilitating Embodiment on Zoom (Hybrid)	Toni Smith With Panelists: Olive Bieringa David Hurwith Erika Berland & Miroslav Petrovic	Gearan 228 Smart Classroom
	Authentic Movement with the Local Animate Earth	Lindsay Gilmour	Outside location TBD (McDonald Black Box if rain)
3:30 – 4:45pm	Dance Improvisation Workshop Based on Somatic Explorations	Jill Becker	Studio 104
	Nature, Art, and Anatomy (Hybrid)	Margaret Guay	Winn Seeley Dance Studio
	Partner Dancing with the Wild: BEING WITH Self, Other, and Nature	Maren Waldman	Outside location TBD (McDonald Black Box if rain)

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Dinner Break		
7:30 – 9:00pm Event	<p>Live Performances</p> <ul style="list-style-type: none">★ Paula Josa Jones: <i>Cavallus</i>★ Kate Tarlow Morgan: <i>Iceplants for Lillian Tarlow</i>★ Cynthia Stevens with Emily Healy: <i>Small Catastrophes</i>★ Dawn Karlovsky: <i>Au Lavoir</i>★ B. J. Sullivan: <i>Being With One Space Several Times</i>★ E.E. Balcos with Margery Segal & Mariah Maloney: <i>Set Forth: Being with Synchronicity</i>★ Sylvia Maes: <i>Water, a Story</i>	Deming Dance Theater

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Saturday, June 24, 2023			
Time	Session	Presenter(s)	Room
9:00 – 10:15am	Creating Spiritual Space for Neuro-Divergent Students in a Multi-Faith/Cultural Setting	Amelia Ender	Studio 104
	Being Bones	Sylvia Maes	Deming Dance Theater
	Somatic Experiencing and the Embodied Self (Hybrid)	Paula Josa Jones	Winn Seeley Dance Studio
10:30 – 11:45am	Experience of Being	Dawn Karlovsky	Studio 104
	Moving Still: Being With a Life Model	Florence Poulain	McDonald Black Box
	Forms in Motion: Exploring the Density Continuum (Hybrid)	Tal Halevi	Winn Seeley Dance Studio
12:00 – 2:00pm	Annual Meeting		Gearan 228 Smart Classroom
2:15 – 3:30pm	New Frontiers: Our Inner Organ of Perception (Hybrid)	FEATURED PRESENTER: Bonnie Bainbridge Cohen	Studio 104
3:45 – 5:00pm	Being With Our Parts: an IFS Perspective	Jey Hiott Elizabeth Mackenzie	Studio 104
	Embryology of the Sexual Organs	Christine Cole	Deming Dance Theater
	The Nature of Comfort: a round table conversation (Hybrid)	Wendy Hambidge with Panelists: Jorge Samuel Faria & EE Balcos	Gearan 228 Smart Classroom
	Continuum Water Blessing	Elaine Colandrea	Outside location TBD (McDonald Black Box if rain)

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5:15 – 7:00pm	Dinner Break	
7:30 – 8:30pm	Silent Auction \ Dance Party	Bartlett Theatre Coxe Hall

Sunday, June 25, 2023

Time	Session	Presenter(s)	Room
9:00 – 10:15am	Sudden Moves	Julie Nathanielsz with Margery Segal	Deming Dance Theater
	A better approach to ADHD through Body-Mind Centering®	Sara Vogeler	Studio 104
	Playful Perceptions	Lillian Stamey with Lindsay Gilmour	McDonald Black Box
10:30 – 11:45am	Being With the Dreaming Body - Following the Process	Lauree Wise	Studio 104
	Being with Trees: A Continuum Exploration	Elaine Colandrea	Outside location TBD (McDonald Black Box if rain)
12:00 – 12:20pm	Closing Circle		Studio 104