36th Annual BMCA Conference PRESENTER FAQ's

Welcome to BMCA Conference 2023 and thank you for presenting!!! Below please find information and protocols going forward for a successful international somatic conference. All the information below applies to Presenters and Co-Presenters.

THE CONFERENCE IS FIVE DAYS IN LENGTH for all on site and remote registrants.

Conference begins: <u>Wednesday, June 21, 2023</u> Conference concludes: <u>Sunday June 25, 2023</u>

On-going updates regarding the conference will be posted at https://tinyurl.com/zwc9escr

QUESTIONS? CONCERNS? EMAIL presenters@bmcassociation.org

Link to TWO CONFERENCE SCHEDULES are attached to this email: 1) on site 2) remote Please review your assigned date/time/format/participant access and if there is a need for a change, please EMAIL your request IMMEDIATELY to <u>presenters@bmcassociation.org</u>.

PREPARATION PRIOR TO THE CONFERENCE:

PRESENTATION LENGTH: All presentations/workshops/practices/panels are <u>one hour and 15 minutes</u> in length including discussion and/or Q&A with participants. BMCA asks that the entire session be devoted to content and that presenters avoid time spent on introductions and participant greetings. All performances (in person and remote) are required to be maximum 8 minutes in length.

IF PRESENTING REMOTELY, Your zoom host will contact you in May to discuss/design/practice your presentation, its format, agenda, production elements. Please provide the illustrations and videos you intend to share on the screen with your zoom host in the planning process.

IF PRESENTING ON SITE AT HOBART WILLIAM & SMITH COLLEGES (HWS), Email any unique space, prop, technology needs that were not provided in your proposal to **presenters@bmcassociation.org** by **March 1, 2023**.

CO-PRESENTERS: Multiple presenters can participate from any location. A single offering can be executed from variable locations: on site at HWS and or remote from anywhere in the world simultaneously.

ON-SITE HYBRID PRESENTERS (those that were notified and have agreed): Indicates that participants will be viewed on the screen by remote registrants and participants will be present in the studio/classroom at HWS. Registrants from remote locations can participate. Volunteers will manage camera and sound in the studio.

COVID POLICY on campus at HWS as of January, 2023: students and faculty are required to be vaccinated, masking is generally optional but required by some faculty and in some specific spaces. Depending on Covid case level in Ontario county in June, 2023 masks may be required for indoor gatherings and/or movement sessions.

TRAVEL TO and FROM Hobart William and Smith Colleges: All Presenters are responsible for travel to and from HWS campus.

- Geneva, NY is 50 miles east of the Rochester (ROC) airport and Rochester Amtrak station
- 50 miles west of the Syracuse (SYR) airport and Syracuse Amtrak station, and
- 45 miles north of Ithaca. Geneva is exit 42 off the NY State Thruway.
- Geneva is served by a Greyhound/Trailways bus station.
- <u>Seeking</u> a ride share or <u>offering</u> a ride share for local ground transportation or from afar?? Please fill out this google doc: <u>https://tinyurl.com/zwc9escr</u>

REGISTRATION opens February 25, 2023.

All presenters and co-presenters must register by March 25, 2023

Registration fees support the conference and BMCA and are **NON-REFUNDABLE**. *Pay from the Heart* will be available for those with fiscal challenges.

On site presenters are welcome to register for Lodging and Dining Service Accommodations available through HWS Colleges . A link for HWS College Accommodations will be available when registering on or after February 25, 2023.

ACCESSIBILITY: 95% of the conference spaces AND accommodations are accessible and accommodations will be made if there is a need or any exceptions.

EARLY BIRD Registration fees:

- \$450 registration
- \$175 BMCA Members
- \$125 Conference Presenters
- \$75 Students, University, professional somatic training programs including SBMC Plus Processing Fee of 6%

AS of May 1, 2023, all early bird fees above (students excepted) increase by \$50!

Pay from the Heart is available, minimum: \$50. If the Pay from the Heart minimum is still a barrier to attend the conference, please reach out to us at admin@bmcassociation.org. We do have full and partial scholarships available. You are an important part of our community and we want you with us!

This is a great time to become a member of BMCA! If you join or renew today, you are immediately eligible for the member rate for the conference (and a ton of other benefits), and will save overall! <u>Visit https://bmcassociation.org/ioin</u> to see our membership levels and become a member before registering for the conference, and get access to the discount.

Accommodations provided by Hobart & William Smith Colleges:

Overnight accommodations: \$51.69 per person per night; single room in a 4-bedroom townhouse with 2 shared full bathrooms and shared living room and kitchen (no dishes/utensils/pans).

Food service in HWS dining hall:

- Breakfast: \$7.26
- Lunch: \$15.00
- Dinner: \$21.36

REGISTRANT must register and pay for meals in advance, no cash at the door.

Registration for accommodations are made and paid for by registrant using a HWS link to Summer Conferences. Accommodation link will also be placed in the registration application as well as on the conference site ON February 25, 2023 when EARLY BIRD REGISTRATION BEGINS.

OVERVIEW OF REGULATIONS OUTSIDE OF BMCA:

COPYRIGHT RULES: All presenters have agreed to secure copyright permission for sourced content of any kind. Presenters seeking copyright free anatomical images or music can consult the following websites:

ANATOMICAL IMAGES

<u>Shutterstock Stock Photos - 300m Royalty-Free Images</u> <u>Adobe Stock free images - Browse the Official Website</u> <u>400,000+ Best Human Anatomy Photos · 100% Free Download</u> <u>5 Best Free Anatomy Websites (For Medical Students</u> <u>Anatomical Images: Free Human Anatomy Images and Pictures</u> Anatomical Images: Free Human Anatomy Images and Pictures (injurymap.com)

MUSIC

Royalty Free Music by Soundstripe | Copyright Safe Music, SFX & Video Stock Production Music ~ Royalty Free Music | Pond5 Free Music For YouTube Videos & Creators • Uppbeat

USE OF PRESENTATION RECORDINGS: All registrants will have access to recordings of Remote and Hybrid presentations for 90 days post conference. BMCA will maintain a copy of all recordings for archival purposes. Presenters are welcome to download the recordings of their own presentations personal use. Registrants are welcome to download Bonnie Bainbridge Cohen's workshop for personal use. Please contact any other presenter to attain permission to download their offering for personal use.

POST CONFERENCE you will be provided with: Instructions for Registrant Access to Recordings until September 30, 2023 Debrief Report Survey Access to Continuing Education Credits