

**BMCA 2018 Conference
Resilience
June 6-9, 2018
Smith College, Northampton, MA, USA**

Continuing Education Credits

BMCA Professional members (P) are invited to submit their continuing education (CE) experience to BMCA for credit to maintain their Good Standing. Workshops or presentations offered by BMCA Professional members receive credits that equal the hours in the event. For events offered by non-BMCA Professional members, the credits are equivalent to half the hours in the event. Conference participants must sign in at the event to receive credit. Participant can request, via email to BMCA, a certificate notating the CE credits achieved after the conference. Participants are encouraged to utilize BMCA's conferences for CE credit if it is applicable elsewhere, and BMCA will provide a certificate notating such conference participation to non-BMCA attendees upon request. For more information, contact Ellen at 'operations@bmcassociation.org.' BMCA's website at www.bmcassociation.org also provides information on BMCA's CE program.

| Pre-Conference Workshop | Hours | BMCA CE Credits |
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| Tuesday, July 25, 2:00 pm-5:00 pm and Wednesday, July 26, 9:00 am-12 noon <i>Using the Sky with Deborah Hay</i> | 6 | 3 |
| Main Conference | | |
| WEDNESDAY, JUNE 6, 2018 | | |
| 2:00-2:20 pm Opening Circle with Teri Anderson (P) and Wendy Hambidge (P) | 0 | 0 |
| 2:30-4:00 pm | | |
| <i>Resounding, Resonating, and Reverberation--E.E. Balcos</i> | 1.5 | 0.75 |
| <i>BNPs Like You have Never Seen Them Before--Mariska Bigos (P)</i> | 1.5 | 1.5 |
| <i>Facilitating Multi-Faith, Multi-Cultural Group Process--Amelia Ender (P)</i> | 1.5 | 1.5 |
| <i>Molecular Functions and Resilience--Daniel Fruge (P)</i> | 1.5 | 1.5 |
| <i>The Buoyant Body--Tal Halevi (P)</i> | 1.5 | 1.5 |
| <i>Becoming Ourselves--Mariah Maloney</i> | | 0.75 |
| <i>Reclaiming Embodied Presence After Trauma: An Embryological Approach--Alisa Wright-Tanny (P)</i> | | 1.5 |
| 4:20 pm-5:50 pm | | |
| <i>The Weight of Sharing: Resilience, Resistance, and Ethics--Bailey Anderson and Amanda Benzin</i> | 1.5 | 0.75 |

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| <i>Joys and Challenges of Teaching Somatic Movement Education with Teens</i> -- Susan Bauer | 1.5 | 0.75 |
| <i>To Stress or Not To Stress: Pathways to Regaining Equilibrium</i> -- Dana Davison and Mandy Sau Yi Chan | 1.5 | 0.75 |
| <i>BMC Meets Conventional Rehabilitation in a Pilot Study on Two Toddlers Affected by Cerebral Palsy</i> -- Gloria Desideri (P) | 1.5 | 1.5 |
| <i>The Moving Child: Films I and III: featuring BMC leaders</i> -- Hana Kamea Kimble | 1.5 | 0.75 |
| <i>Resiliency Begins with No</i> -- Karin Spitfire | 1.5 | 0.75 |
| <i>Embracing Self-Care, Fluidity and Flexibility</i> -- Linda Tumbarello (P) | 1.5 | 1.5 |
| THURSDAY, JUNE 7, 2018 | | |
| 9:00 am-10:30 am | | |
| <i>Experiential Workshop: Dancing Around the Drum Table</i> -- Danielle Beudet | 1.5 | 0.75 |
| <i>How to Live an Echo Lifestyle</i> -- Dr. Angela Butts Chester | 1.5 | 0.75 |
| <i>Sourcing the Autonomic Nervous System Rhythm</i> -- Michele Feldheim (P) | 1.5 | 1.5 |
| <i>Resilience and the Common Body</i> -- Paula Josa-Jones | 1.5 | 0.75 |
| <i>Body and Earth: Cultivating Resilience in a Changing World</i> -- Caryn McHose and Andrea Olsen | 1.5 | 0.75 |
| <i>Pulsation, Center, and Peripheries</i> -- Anka Sedláčková (P) | 1.5 | 1.5 |
| <i>Resilience and Movement through the Fascial Weave</i> -- Patty Townsend (P) | 1.5 | 1.5 |
| 10:50 am-12:20 pm | | |
| <i>Centering Prayer</i> -- Ellen Barlow (P) and Ildiko Viczian (P) | 1.5 | 1.5 |
| <i>Improvisation for Connection</i> -- Jill Becker | 1.5 | 0.75 |
| <i>The Fluid Dance of Oshun: Healing the Feeling Heart with the African Orisha of the Divine Feminine</i> -- Kim Burden (P) | 1.5 | 1.5 |
| <i>Growth Rhythms of the Embryo – A Movement Journey</i> -- Christine Cole (P) | 1.5 | 1.5 |
| <i>Building Community with the Kinesthetic Sense</i> -- Griff Goehring | 1.5 | 0.75 |
| <i>Embodying Our Ecosystems: Remembering our Intimately Shared Nervous System as Revolutionary Action</i> -- Amanda Franz and Abbi Jaffe | 1.5 | 0.75 |
| <i>Touch Fatigue: Fostering Non-Reactivity and Mitigating Hands-on Habits Through LMA and Alexander</i> -- Elizabeth Johnson | 1.5 | 0.75 |
| <i>Exploring the Hearth of Your Pelvis</i> -- Mariko Tanabe (P) | 1.5 | 1.5 |
| 2:00 pm-3:30 pm | | |
| <i>Identity, Relationship, and Belonging in BMC: A forum on building a resilient BMC Community</i> -- Jolyn Arisman (P) and Roxlyn Moret (P) | 1.5 | 1.5 |
| <i>Awakening the Spine</i> -- Faye Berton | 1.5 | 0.75 |
| <i>Mermaid Bodies: Entering the Body Mind of a 'Disabled' Mover</i> -- Selene Carter | 1.5 | 0.75 |
| <i>Moving with Your Energy Body: An Experiential Workshop</i> -- Penny Chang | 1.5 | 0.75 |
| <i>Layering BMC Approaches in Hands-On Work: A Roundtable Discussion for Those Experienced in BMC</i> -- Wendy Hambidge (P) | 1.5 | 1.5 |
| <i>Strengthening the Inner Witness: Resilience through Embodied Awareness</i> -- Elena Levidi and Paula Sager | 1.5 | 0.74 |
| <i>Of the Earth: Finding Resonance in Nature</i> -- Mary Ann Rund (P) | 1.5 | 1.5 |
| <i>Dignity: The Embodied Axis</i> -- Michele Rusinko | 1.5 | 0.74 |
| 3:50 pm-5:20 pm | | |
| <i>Awakening the Power of Self Healing</i> -- Meir Schneider | 1.5 | 0.75 |
| FRIDAY, JUNE 8, 2018 | | |
| 8:30 am-10:00 am | | |
| <i>Swarming with Babies: Iteration, Feedback, and Co-Evolution</i> -- Sarah Barnaby (P) and Amy Matthews (P) | 1.5 | 1.5 |

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| <i>The Alexander Technique: The Practice of Thinking in Activity</i> -- Karla Booth and Eve Silver | 1.5 | 0.75 |
| <i>Somatic Yoga for Parkinson's and Related Movement Dystonias</i> -- Donna Brooks | 1.5 | 0.75 |
| <i>Breathing from the Heart: Somatic Anatomy[®] of the Heart and Heart Bodies</i> -- Dana Davison and Lissa Michalak | 1.5 | 0.75 |
| <i>Combining BMC, Laban, and Chekhov: The Phrasing of the Fluids in Gesture</i> -- Natasha Martina Koechl (P) | 1.5 | 1.5 |
| <i>Butoh and Somatic Movement</i> -- Megan Nicely and Deborah Butler | 1.5 | 0.75 |
| <i>Reclaiming Embodied Pelvic Floor: An Exploration of Somatic Approach in Psychology</i> -- Florence Vinit | 1.5 | 0.75 |
| <i>The Surreal Body</i> -- Ayelet Yekutiel (P) and Nitzan Lederman | 1.5 | 1.5 |
| 10:20 am-11:50 am | | |
| <i>Embracing Aging</i> -- Ellen Barlow (P) | 1.5 | 1.5 |
| <i>Extended Body/Extended Voice: Body-Mind Centering and Roy Hart Theatre Voice Work</i> -- Erika Berland (P) and Ethelyn Friend | 1.5 | 1.5 |
| <i>Building Somatic Resources for Resilience</i> -- Clover Catskill (P) | 1.5 | 1.5 |
| <i>The Supple and Centering Psoas</i> -- Patrice Heber (P) | 1.5 | 1.5 |
| <i>Balancing Acts: A Body Systems Approach</i> -- Wendy Loren (P) | 1.5 | 1.5 |
| <i>Fostering Resilience through Evan's Methodologies: Process to Performance</i> -- Solveig Santillano | 1.5 | 0.75 |
| <i>Being in Touch with Change through Grounding, Uplifting, and Opening</i> -- Joan Whitacre | 1.5 | 0.75 |
| 12:15 pm – 1:50 pm | | |
| <i>BMCA Annual Meeting lunch</i> | 1.5 | 1.5 |
| 2:00-3:30 pm | | |
| <i>Embodying Voice in Authentic Expression</i> -- Amy Baumgarten (P) and Jessica Sue Burstein | 1.5 | 1.5 |
| <i>Embody Change</i> -- Jens Johannsen (P) | 1.5 | 1.5 |
| <i>Elements of Resilience</i> -- Scott Lyons (P) | 1.5 | 1.5 |
| <i>"The Delicate Organ:" Developmental movement at 96</i> -- Kate Tarlow Morgan (P) and Elizabeth Johnson | 1.5 | 1.5 |
| <i>Primordial Sound: A Meditative Path to Resilience</i> -- Geralyn O'Reilly | 1.5 | 0.75 |
| <i>Origins of Resilience</i> -- Talia Shafir | 1.5 | 0.75 |
| <i>Resiliency in Practice</i> -- Michal Shahak (P) | 1.5 | 1.5 |
| <i>Improvisation: A Practice in Resilience</i> -- Cynthia Williams | 1.5 | 0.75 |
| 3:50 pm-5:35 pm | | |
| <i>Languages of the Body: What Can Words Convey? Transmission of Embodied Experience through Language</i> -- Bonnie Bainbridge Cohen, Andrea Olsen, and Nancy Stark-Smith | 1.5 | 1.5 |
| SATURDAY, JUNE 9, 2018 | | |
| 9:00 am-10:30 am | | |
| <i>The Presence Playground: Resilience and Calibration in Community</i> -- Jolyn Arisman (P) and Alisa Wright Tanny (P) | 1.5 | 1.5 |
| <i>Poetry in Motion: Diamond Dart Meridian Sequence</i> -- Karla Booth and Judith Muir | 1.5 | 0.75 |
| <i>Developing Inner and Outer Ecosystems</i> -- Lorelie Bond | 1.5 | 0.75 |
| <i>Body Mind Practice Based on Confucian Philosophy</i> -- Yun-chih Chiu | 1.5 | 0.75 |
| <i>Fall Down Get Up</i> -- Martha Eddy (P) | 1.5 | 1.5 |
| <i>The Dance of Relationship: Cultivating Resilience in Practitioner and Client through 'Presence Skill'</i> -- Linda Hartley (P) | 1.5 | 1.5 |
| <i>Resilience: Bodies, Communities, and Environments</i> -- Panel host: Katja Kolcio, Panelists: Barry Chernoff, Nicole Stanton | 1.5 | 0.75 |

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| <i>Reclaiming Resilience from the Shadow: Remyelinating the Unclaimed Parts</i> -- Margery Segal (P) | 1.5 | 1.5 |
| 10:50 am-12:20 pm | | |
| <i>Clitoral Embodiment</i> -- Nicole Bindler (P) | 1.5 | 1.5 |
| <i>Dancing with Tensegrity</i> -- Cathie Caraker (P) | 1.5 | 1.5 |
| <i>An Exploration of Two Models of Reflex Integration: Body-Mind Centering (BMC) and Rhythmic Movement Training (RMT)</i> -- Margaret Guay (P) | 1.5 | 1.5 |
| <i>Resiliency's Spiral Dance: Dart's Double Spiral and the 3D Resetting of Active Engagement</i> -- Elizabeth Johnson and Luc Vanier | 1.5 | 0.75 |
| <i>Drop, Sink, Fall, Fly</i> -- Eileen Kinsella (P) | 1.5 | 1.5 |
| <i>Building Resilient Families and Individuals</i> -- Shannon Preto and Margery Segal (P) | 1.5 | 1.5 |
| <i>Currents In-Print: A 20-year History and a Tour of the Currents' Exhibit with Currents' Editorial Board</i> -- Facilitators: Kate Tarlow Morgan (P), Dana Davison, Martha Eddy (P), Pat Ethridge (P), and Amelie Gaulier (P) | 1.5 | 1.5 |
| <i>Deepening Embodied Teaching</i> -- Miroslav Petrovic | 1.5 | 0.75 |
| 12:30 pm- 12:45 pm | | |
| <i>Closing Circle with Linda Tumbarello (P)</i> | 0 | 0 |
| SATURDAY, June 9, 2:00 pm-5:00 pm and SUNDAY, June 10, 9:00 am-12 noon | | |
| Post-Conference | | |
| <i>Fight, Flight, Freeze, and Ease</i> -- Bonnie Bainbridge Cohen | 6 | 6 |