



28TH ANNUAL *USA* CONFERENCE
BODY-MIND CENTERING® ASSOCIATION

THE BODY REVEALS:
SOMATICS, IMPRINTS, MOVEMENT

JUNE
2013

NAROPA UNIVERSITY
BOULDER, COLORADO



NOTE:

Alexander Technique™, Bartenieff Fundamentals™, Body-Mind Centering®, Feldenkrais Method®, and most other somatic practice names are legally registered and trademarked names. They are used here with that understanding.

Courtesy of Naropa University
Photo: Lindsay Michko



June 2013

Hello and Welcome to Beautiful Boulder!

We are so pleased that you have joined us for this annual Body-Mind Centering Association somatic journey. It is a pleasure to share one's home town, especially a place where Somatics is a known word and local people are both interested in and offering many skilled modalities of healthy body-mind-art integration. Naropa University, BMCA's co-sponsor for this conference, is here in Boulder and is one of only a handful of universities in the country that offers a Masters degree in Somatic Psychology. The MFA program is directed and staffed by BMCSM-trained

professionals Wendell Beavers and Erika Berland, thus bringing BMC foundations directly into the performance arts. A big thanks to Naropa for its generosity and lovely studios, and we welcome Naropa alums and students!

2013 is an exciting time in the Somatic World. We are remembering the keynote speech of Don Hanlon Johnson at the BMCA conference in California in 2009. Don encouraged us to keep moving forward with our somatic explorations and professions. He spoke of the somatic wave that was building, and here in 2013 it feels even closer as we welcome new discoveries--with over 40 presentations, there will be much to share. Presenters were selected for their skillful offerings and all promise to bring something of interest.

The Millennium Hotel is situated along the Boulder Creek path and has a large indoor swimming pool and outdoor soaking pools for after-hour enjoyment. We hope you brought your suit! Friday evening will be a lovely social time at the Millennium Hotel. You can schmooze in the BMCA patio area with outdoor fireplace and tables. Friday evening also includes our famous "Silent Auction" hosted by Wendy Hambidge and Amy Matthews. Be prepared to walk away with some treasures.

We are excited for what our conference provides. We look forward to the companionship and offerings created to enlarge our skills, renew us in each other's company, and contribute to that building Somatic Wave. Thanks for joining us.

*Erika Berland and Annie Brook, Co-Chairs
BMCA 28th Annual Conference*

Bonnie Bainbridge Cohen teaching
at Denison University, Granville, OH



SOFT SPINE, CALM HEART, QUIET MIND

In this workshop, we will explore the psychophysical relationships of the spine, heart and voice that underlie a dynamic, resilient, restful state. Embodying specific anatomical structures from an embryological perspective can bring profound changes in our sense of self, our actions, our expression, and our communication with others.

BONNIE BAINBRIDGE COHEN

For over fifty years, Bonnie Bainbridge Cohen has been working with movement, touch, and the body-mind relationship. An innovator and leader, her work has influenced the fields of bodywork, movement, dance, yoga, body psychotherapy, childhood education, and many other body-mind disciplines. In 1973, she founded The School for Body-Mind Centering, where students from over thirty countries have studied. She is the author of the book *Sensing, Feeling and Action* and has compiled and published five DVDs: *The Nervous System*, *The Lower Limbs*, *The Upper Limbs*, *The Axial Skeleton*, and *Four Special Children*. Bonnie is featured in the following DVDs: *The Origins of Movement: The Embodiment of Early Embryological Development* and *Dance and Body-Mind Centering*. She is currently working on a number of other books and DVDs.





Maryska Bigos



Amy Matthews

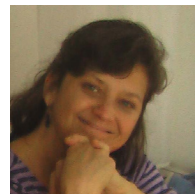
SPIRALING FIBERS AND PATHWAYS: PNF PATTERNS IN TISSUES AND BNPs

How can having a full range of choices help us find the most direct and efficient pathway?

In this workshop, Maryska and Amy will share how the three-dimensional spiral patterns that are used in Proprioceptive Neuromuscular Facilitation (PNF) can be used to inform and expand our understanding of the relationship between directness and volume. The PNF patterns will be viewed specifically in relationship to the Basic Neurocellular Patterns and the Ligamentous System.

MARYSKA BIGOS

Maryska Bigos began studying Body-Mind Centering in 1979 and has maintained a private practice with infants to elders for 30+ years. A Certified BMC Teacher since 1984, she has taught BMC with dance, yoga, bodywork, and therapeutic massage for many years at the American Dance Festival; Duke University Medical Center; Carolina School of Massage; and since 2006 has directed the Kinesthetic Learning Center, which is licensed by Bonnie Bainbridge Cohen to teach BMC Somatic & Infant Developmental Movement and Practitioner trainings in CA and NC.



AMY MATTHEWS

Amy Matthews, CMA, IDME, BMC Teacher, RSMT/RSME, has been teaching movement since 1994. Amy teaches the BMC & Yoga programs in the US and has taught embodied anatomy and movement workshops for programs in the United States and internationally. She co-authored the best-selling book *Yoga Anatomy* with Leslie Kaminoff.





Photographer: Merit Esther Engelke
Dancer: Mariko Tanabe

Laurie Atkins presents *Bone Measures* performed by Amy Beasley and Laurie Atkins

Bone Measures investigates sense memory and place through movement explorations based on moving from the bone. Reflections on place and home are embodied through various intersections of bone memory movement as the dancers align, intersect, and disconnect with one another.

Wendell Beavers and Erika Berland present *Untitled*

Untitled is comprised of text, character, voice, and movement moments based on Somatic investigations with Naropa MFA Contemporary Theater graduates Chrissy Coates, Monica Dionysiou, Chelsea Gregory.

Christa Ray presents *Voice Dance: A Ritual Healing Performance*

In the ancient tradition of temple healing and oracle transmissions, this healing performance invites members of the audience to receive an improvised Voice-Dance focused on a particular body symptom or system in need of support and transformation.

Jennifer Smith presents *Scribe* performed by Kelsey Witzling

Scribe explores a socially-critical aspect of the female identity--the impact of victimization and the process of reclaiming self in the face of that which threatens to de-identify. Inspired by the Shakespearean character Lavinia from the play *Titus*, this work portrays through the body the grace, courage, and strength needed to redefine a violent personal experience and heal after abuse.

Krista Kimmel Shakali presents *Wearing the Body*

An original comedic skit drawing from the irony of viewing the body as a machine, supporting the idea that acceptance of this view is compatible with slavery, imprisonment, and servitude.

Otto Ramstad presents *Super Nature*

Full of artifice and animal appetites, *Super Nature* engages the wild, the domestic, and the civilized aspects of human nature to create a radical ecological melodrama.

Mariko Tanabe presents *For Her* (work in progress)

For Her is an improvised solo that gives a voice to myths, dreams, and autobiographical events. The fabric of the dance explores the dynamic sensations that the journey awakens.



Annie Brook



Annie Brook

BMC AND BRAIN STATES

Brain states are full-bodied experiences that influence your sense of safety and pleasure in the world. They occur whenever the body is overwhelmed and often contain unconscious adaptations.

In this workshop you will be exposed to Annie's somatic method of unpacking shock and overwhelm. She will help you integrate life events that were pre-cognitive yet hold you prisoner to coping behaviors that show up under stress.

Applied Neuroplasticity™ helps you repair the foundation to handle stress throughout a lifetime. Enjoy the discovery of deep-seated double binds that arise at the earliest developmental stages. Develop movement and witness skills to unwind, re-embody, and re-center these earliest pre-cognitive imprints that create the roots of a sense of self in the world.

Based in Neuro-science, attachment theory, and sensate experience, this day-long exploration will give you reflective food for thought and methods for change.

ANNIE BROOK

Annie Brook, PhD, LPC, founder of BodyMind Somanautics, is a Registered Movement Educator (ISMETA), Certified Teacher of BMC, Yoga teacher, BioDynamic Cranio-sacral therapist, Gyrotonic Apprentice, and BMP psychotherapist. In this workshop, she will bring together BMC, Somatic Psychotherapy, and Perinatal Psychology. She will help you weave your earliest impressions into a personal narrative that integrates trauma and brings empowerment, ease, and enjoyment to life.





Studios at Skidmore College,
site of the next year's Annual Conference

NOTE: CEU credits are available for BMC practitioners for most of these sessions. Option #1 applies to presenters who are certified teachers in BMC; Option #2 applies to presenters who are not. To receive credit, you MUST sign IN AND OUT at the door of the session. BMCA will then tally your hours and send you an electronic certificate. If you seek CEU credits for other modalities, you must negotiate that with the other organization in question. BMCA will gladly send you a certificate to document your participation.

PRE-CONFERENCE

THURSDAY, JUNE 6, 2013

12:30, 12:45pm	Shuttle to Nalanda		
1:00-2:00pm	Registration		
2:00-5:00pm	<i>Soft Spine, Calm Heart, Quiet Mind</i> Bonnie Bainbridge Cohen	Opt #1: 3 cts/ 3 hrs	Event Center
5:15, 5:30pm	Shuttle to Millennium		

FRIDAY, JUNE 7, 2013

8:15, 8:30am	Shuttle to Nalanda		
9:00-12:00N	<i>Soft Spine, Calm Heart, Quiet Mind</i> Bonnie Bainbridge Cohen	Opt #1: 3 cts/ 3 hrs	Event Center
12:00-1:00pm	Lunch		

MAIN CONFERENCE

FRIDAY, JUNE 7, 2013

1:00-1:30pm	<i>Movement Welcoming: Making Oneself at Home</i> Toni Smith, Moderator A guided meditation with the help of your friends that will bring you back to your beginning – your three germ layers.		Studio 9180
1:45-4:45pm	Featured Presenters		
	<i>Spiraling Fibers and Pathways: PNF Patterns in Tissues and BNPs</i> Maryska Bigos and Amy Matthews How can having a full range of choices help us find the most direct and efficient pathway? In this workshop, Maryska and Amy will share how the three-dimensional spiral patterns that are used in Proprioceptive Neuromuscular Facilitation (PNF) can be used to inform and expand our understanding of the relationship between directness and volume. The PNF patterns will be viewed specifically in relationship to the Basic Neurocellular Patterns (BNP) and the Ligamentous System.	Opt #1: 3 cts/ 3 hrs	Studio 9180
5:00-6:00pm	<i>Introducing Somaticians Across Generations</i> Gill Wright Miller, Moderator To prepare ourselves for several days of close work, we stand in concentric circles, feeling the vibration of generations of experienced practitioners resonating outward, imprinting out into the community. What are the early imprints of the profession? How has the work moved us? Somatic practices develop corroboratively, with many minds contributing key elements to the system's evolution.	Opt #2: .5 cts/ 1 hr	Studio 9180
5:00-6:00pm	Tech Rehearsal (All Performers)		Studio 9190

6:00, 6:15pm	Shuttle to Millennium		
6:00-8:00pm	Dinner - On Your Own		
8:00pm	Silent Auction		Millennium Hotel Scotch Bar

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SATURDAY, JUNE 8, 2013

8:15, 8:30am	Shuttle to Nalanda		
9:00-10:45am	Keynote Panel		
	<p><i>Deep Roots, Deep Riches: Cross-pollinating Occupational Therapy, Body-Mind Centering, Somatic Psychotherapy & Movement Education</i></p> <p>Bonnie Bainbridge Cohen, Lois Hickman, Susan Aposhyan, Annie Brook</p> <p>Exploring cross-locational and cross-generational somatic roots, four highly experienced practitioner/educators will share their lineage, development, and wisdom. Representatives are Master Therapists Lois Hickman and Bonnie Bainbridge Cohen, who share a background in Occupational Therapy; and Susan Aposhyan and Annie Brook, who share a background in BMC and Psychotherapy. The panel will launch our conference into deep and rich movement and thought.</p>	<p>Opt #1: 1.75 cts/ 1.75 hrs</p>	Event Center

11:00-12:00N	Concurrent Sessions		
	<i>WiseWays Yoga -- For Real People with Real Bodies</i> Michele Mangione Delight in a yoga session infused with the intelligence of experiential anatomy, developmental movement patterns and somatic smarts (<i>i.e.</i> , methodology). WiseWays™ Yoga includes basic body-systems warm-up and developmental patterns inspired by Body-Mind Centering.	Opt #2: .5 ct/ 1 hr	Studio 9180
	<i>Expanding Beyond the Third Wall</i> Wendy Masterson Learn how to project energy beyond the proscenium arch through BMC-based movement explorations. The embodiment of glandular, fluid, and skeletal systems combined with specific use of sight will form the foundation of this class.	Opt #2: .5 ct/ 1 hr	Studio 9185
	<i>The Satisfaction Cycle and Contact Improvisation</i> Alicia Grayson Explore the satisfaction cycle and how consciously embodying the actions of yield, push, reach, take hold, and pull can expand our choices and pleasure in dancing contact improvisation and in life.	Opt #2: .5 ct/ 1 hr	Studio 9190
12:00-1:00pm	Lunch / BMCA Annual Meeting (Part I: Information)		Event Center

1:00-2:00pm	Concurrent Sessions		
	<p><i>Move to Improve</i> Jeannette Abshire With Brain Gym, you will learn how to activate your brain through the interdependence of kinesthetic movements that synchronize body and mind to optimize how we learn and perform in all areas of our lives.</p>	Opt #2: .5 cr/ 1 hr	Studio 9180
	<p><i>Beneath the Sheath: Circumcision - A Panel Discussion</i> Riun Ashlie, Beth Erlander, Christopher Heins, Julie Rappaport This workshop is a panel of passionate speakers exploring the altered landscape of the effects of circumcision. Information includes historical and cultural perspectives, somatic/limbic imprints, disruption of parent/infant bonding, and implications on western attitudes towards the body, sexuality, and pleasure.</p>	Opt #2: .5 cts/ 1 hr	Studio 9185
	<p><i>The Eight Extra Meridians & Embryology</i> Kyra Lober This presentation incorporates Chinese Medicine Principles with BMC and will incorporate hands-on and movement work. It is for those participants interested in energy-to-tissue work and our still-active embryonic energy imprints.</p>	Opt #1: 1 ct/ 1 hr	Studio 9190

2:15-3:30pm	Concurrent Sessions		
	<i>Bathing the Fasciae</i> Toni Smith The fasciae are a fluid when touched and moved. Hear the story of the syrup-like fibroblasts that produce the triple protein, collagen. Inhabit your fasciae via your partner's touch and guided movement. Unwind and inhabit the deliciousness of your fasciae.	Opt #2: .625 cts/ 1.25 hrs	Studio 9180
	<i>FoldUnfold Standing Practice: The Unity of Form, Energy, Space, and Gesture</i> Michael Kurtzman Shachrur This movement-based presentation incorporates BMC and Qi Gong. Audience: BMC professionals and students, Tai Chi and Chi Gong practitioners, dancers, embodiment of all kinds.	Opt #2: .625 cts/ 1.25 hrs	Studio 9185
	<i>Developmental Technique™</i> Wendell Beavers Developmental Technique™ is a movement technique developed by Wendell Beavers to support movement-based artists, both actors and dancers. It is a foundation technique in Naropa's MFA Theater; Contemporary Performance Program.	Opt #2: .625 cts/ 1.25 hrs	Studio 9190
	<i>Moving Thought</i> Trude Cone Moving Thought is an approach to coaching that is based on how developmental movement stages can support moving our thinking in simple to more complex learning/working situations. This approach looks at how our movement influences our thinking and visa versa.	Opt #1: .625 cts/ 1.25 hrs	Studio 9195

3:45-5:00pm	Concurrent Sessions		
	<p><i>Form and Essence</i> Roxlyn Moret</p> <p>Our yoga practice can open our form to the fullness of life inside. Breath can expand; fluids can nourish; mind can go beyond the boundaries of what is certain. In this class we explore and embody asana and movement with prevertebrate patterns, chi and prana. What obstacles can we release? What support can we recruit to trace the subtle pathways of movement that emerge? Can we root to fly?</p>	<p>Opt #1: 1.25 cts/ 1.25 hrs</p>	<p>Studio 9180</p>
	<p><i>Remembering Her Bones: A Workshop in Accessing the Creative Unconsciousness Through a Somatic Approach</i> Leeny Sack</p> <p>This session will begin with a video screening of Sack's performance work, "Surgery / Autopsy", in which she performs memory of her mother at a dirt-filled dining table - digging up, configuring and 'reading' her mother's bones. Video will segue into kinetic awareness and performance practices with a disarticulated (plastic) human skeleton and earth in which participants will invite, identify, incubate and embody 'bone' content from the creative unconscious.</p>	<p>Opt #2: .625 cts/ 1.25 hrs</p>	<p>Studio 9185</p>
	<p><i>Yielding: The Basis of all Movement and the Psycho-physical Foundation of Human Development</i> Margot Iseman</p> <p>Yielding is our human capacity to receive information through direct experience. It is through yielding in the body-mind that we can be open to the richness and intelligence of our world.</p>	<p>Opt #2: .625 cts/ 1.25 hrs</p>	<p>Studio 9190</p>

5:15, 5:30pm	Shuttle To Millennium		
5:00-7:30pm	Dinner - On Your Own		
7:30, 7:45pm	Shuttle to Nalanda		
8:00-9:30pm	Performance		
	Laurie Atkins-- "Bone Measures" (performed by Amy Beasley and Laurie Atkins) Wendell Beavers & Erika Berland-- "Untitled" Krista Kimmel Shakali-- "Wearing the Body" Christa Ray-- "Voice Dance: A Ritual Healing Performance" Otto Ramstad-- "Super Nature" Jennifer Smith-- "Scribe" (performed by Kelsey Witzling) Mariko Tanabe-- "For Her"		Studio 9190
9:45, 10:00pm	Shuttle to Millennium		

SUNDAY, JUNE 9, 2013

8:15; 8:30am	Shuttle to Nalanda		
9:00-10:15am	Concurrent Sessions		
	<p><i>Perspectives on the Surya Namaskar</i> Ellen Barlow</p> <p>Explore contrasts in the embodiment of space, time, and movement quality. This workshop cycles between large group activities and personal visits to the ancient flow form of the Surya Namaskar, aka the Sun Salutation. Hands-on partnering takes participants further into the opening and closing movements of Surya Namaskar, "rolling up and down the spine." Guided explorations are inspired by principles, consciousness states, and alignment ideas derived from the Body-Mind Centering approach and the Gyrotonic® system.</p>	Opt #1: 1.25 cts/ 1.25 hrs	Studio 9180
	<p><i>Dancing between Periphery and Center: The Embryology of the Circulatory System and Heart</i> Amy Matthews</p> <p>This workshop will explore the embryological development of the circulatory system--both the blood vessels and the blood. We will discuss and embody how the development of blood vessels and movements of fluids create the circumstances for both the isoring and the heart to arise.</p>	Opt #1: 1.25 cts/ 1.25 hrs	Studio 9185

	<p><i>Yield, Push, Reach, Pull: Exploring and Physicalizing Psychological and Relational Issues</i> Clover Catskill</p> <p>In teaching and counseling I have found the fundamental BNP actions of Yield, Push, Reach, and Pull to be very evocative and useful in exploring current psychological and relational issues and in finding ways to explore new options. This will be a largely experiential workshop, exploring Yield, Push, Reach, and Pull with special attention to the emotional and/or relational experience, with some demonstrations, discussion, and time for dyads to explore ways to work with the patterns that arise.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9190
	<p><i>Somatic Intelligence and the Treatment of Development Trauma</i> Arielle Schwartz</p> <p>This presentation will include lecture on the psychobiology of developmental trauma and discussion of how psychobiological theory informs treatment. Experiential exercises will include several somatic interventions that can be done with clients practiced as dyads and as a group.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9195
10:30-12:00N	Panels		
	<p><i>Somatics as a Catalyst for Social Change</i> Michele Mangione with Suzann Robins, Krista Kimmel Shakali, Joe Stroller</p>	Opt #2: .75 cts/ 1.5 hrs	Studio 9180
	<p><i>Infant and Child Development</i> Jeanne Feeney with Annie Brook, Trude Cone</p>	Opt #2: .75 cts/ 1.5 hrs	Studio 9185

	<i>How BMC Supports the Performing Arts</i> Erika Berland with Wendell Beavers, Gill Wright Miller, Mariko Tanabe	Opt #2: .75 cts/ 1.5 hrs	Studio 9190
12:00 Noon	Raffle Drawing		
12:00-1:00pm	Lunch / BMCA Annual Meeting (Part II: Visioning)		
1:00-2:00pm	Concurrent Sessions		
	<i>Embodied Parenting</i> Jeanne Feeney Embodied Parenting™ works with parents to help them sustain well-being in body, mind, and spirit while performing arguably the most important work on the planet: raising children. This workshop will enable parents to create and maintain their unique body sense. With centered presence parents receive a foundation for clear thinking, definitive action and a resilient and loving heart.	Opt #2: .5 cts/ 1 hr	Studio 9180
	<i>Threshold Dancing</i> Melissa Michaels Explore universal movement-based pathways for supporting diverse individuals and communities through life's major passages. Through rhythm and breath, the sacred and the creative are amplified in support of our safe passage through these turbulent times.	Opt #2: .5 cts/ 1 hr	Studio 9185

	<p><i>Shifting Mind States through Embodiment Practices of BMC with Application to Performing and Sports</i> Wendy Hambidge</p> <p>Different body systems bring out different characteristics of mood and physical coordination in the body. We will explore directly the mind states of 2 - 3 body systems followed by a discussion of several cases studies and how this can be applied to performance of any kind, whether it be sports, giving a lecture presentation or in the performing arts.</p>	Opt #1: 1 ct/ 1 hr	Studio 9190
	<p><i>BMC and Meditation</i> Erika Berland</p> <p>Meditation is becoming mainstream. As an Instructor at Naropa University I have been in a unique position to continue developing the organic connection between the somatic work and mindfulness/awareness practice. In this workshop we will explore the intersection between the two, both theoretically and practically. I also hope to spark a dialogue through your questions, thoughts, and contributions.</p>	Opt #2: .5 cts/ 1 hr	Studio 9195
2:15-3:30pm	Concurrent Sessions		
	<p><i>Embodying the Reproductive System through Breath, Dance, and Gesture</i> Mariko Tanabe</p> <p>From the functions and history of the tissues, through their geography and the landscape in our bodies – in this workshop we will journey through the mind of the reproductive system. Through somatization, touch, movement, and voice – we will explore ways to embody the reproductive system as a support for creative inspiration and physical and personal empowerment: all are welcome.</p>	Opt #1: 1.25 cts/ 1.25 hrs	Studio 9180

	<p><i>Thresholds: Journey to a Land of New Belonging</i> Eileen Kinsella</p> <p>This presentation tracks milestone experiences in midlife that move us into new communities of belonging and inform our own quest for integration and meaning-making, deepen our personal language forms, and call us to develop supple, pliable thinking strategies. Applying body-mind unity to embodiment of physical and energy anatomy, this session will invite participants to explore engaging aspects of the ideas presented in movement.</p>	Opt #1: 1.25 cts/ 1.25 hrs	Studio 9185
	<p><i>Embodying the Dynamics of the Five Elements</i> Kim Sargent-Wishart</p> <p>According to the Tibetan Buddhist tradition, the observable, external elements - space, air/ wind, fire, water, and earth - are symbolic of subtle activities and properties which underlie all phenomenal existence. In this movement-based workshop we will explore the dynamics of these five fundamental forces within our own immediate experience, using the lens of the BMC approach to embodied anatomy and embryology.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9190
3:45-5:00pm	Concurrent Sessions		
	<p><i>The Healing Voice: Sing Yourself to Wholeness</i> Christa Ray</p> <p>This workshop will primarily incorporate Voice Movement Therapy (as developed by Paul Newham) and will synthesize experiential anatomy. Aimed at those who want to grow their voice, embody their presence, and work on their voices in a holistic way that goes beyond vocal production techniques and for therapists interested in integrating vocal expression into their therapeutic process.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9180

	<p><i>Super Nature</i> Olive Bieringa and Otto Ramstad This workshop will investigate movement states that are raw, intuitive, transparent, and primal. These qualities will be generated from the contents and sensations of our bodies and the amplification of body impulses and material elicited from our social interactions. Together we will compose and apply these materials to performance. This workshop will source material from our recent stage work and installation <i>Super Nature</i>, commissioned by the Walker Art Center, Minneapolis and Performance Space 122, NYC.</p>	Opt #1: 1.25 cts/ 1.25 hrs	Studio 9185
	<p><i>Awakening the Eros Within ...</i> Jillian Frazin In this workshop, we will be guided into a group entrainment in which the sensory system, the fluid body, and the kundalini will be activated to nourish the body with the golden healing emollient of its own life force and eros. When the life force and eros are circulating through the body in a healthy way, there is an overall experience of more vitality, empowerment, confidence, better boundaries, and an overall sense of “juiciness” and radiance in one’s presence.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9190
	<p><i>Understanding Sensory Processing and its Influence on Attention, Trauma, Behavior, Self-esteem, Speech/Language, Learning and Motor Skills</i> Joanne Graham Better understand your senses through experiential activities and gain valuable insight to help you identify and meet your client’s needs. Learn activities to address sensory needs and incorporate them into daily life.</p>	Opt #2: .625 cts/ 1.25 hrs	Studio 9195
5:15pm	Closing Circle		
5:45, 6:00pm	Shuttles to Millennium		

POST-CONFERENCE

MONDAY, JUNE 10, 2013

8:15, 8:30am	Shuttle to Nalanda		
9:00-12:00noon	<i>BMC and Brain States</i> Annie Brook	Opt #1: 3 cts/ 3 hrs	Studio 9185
12:00-1:00pm	Lunch		
1:15-4:45pm	<i>BMC and Brain States</i> Annie Brook	Opt #1: 3.5 cts/ 3.5 hrs	Studio 9185
5:00, 5:15pm	Shuttle to Millennium		

WE ARE GRATEFUL FOR THE HELP OF THE FOLLOWING INTERNS:

Coates, Chrissy	Boulder, CO	
Dioysiou, Monica		
Gregory, Chelsea	Brooklyn, NY	
Mercil, Zina		

NOTE:
Personal contact information
has been removed to protect the
privacy of the interns.



Annie Brook works with Brain States



JEANNETTE ABSHIRE

For over 35 years, Jeannette Abshire has served as a passionate educator and sensory integration practitioner for children, families, and professionals of all ages (birth-adult). Jeannette holds an MA in Educational Psychology and is a licensed educational kinesiology (Brain Gym®) consultant-instructor. She is an expert in applying the body-mind connection to the world of learning differences and academic remediation.



SUSAN APOSHYAN

Susan Aposhyan, M.A., L.P.C., maintains a private practice and trains helping professionals internationally in her work, Body-Mind Psychotherapy (www.bodymindpsychotherapy.com) and spiritual development. She is the author of *Body-Mind Psychotherapy*, (W.W. Norton, 2004) as well as *Natural Intelligence*. She became a teacher of Body-Mind Centering in 1985.



RIUN ASHLIE

Riun Ashlie is a body-centered practitioner and current intern within the two-year BodyMind Somanautics Program. In the BMS program, Riun co-leads two men's groups focused on healing birth-related trauma and circumcision trauma. Riun combines a variety of modalities in support of his passion - catalyzing male potency and empowerment.



LAURIE ATKINS

Laurie Atkins, Assistant Professor in the Department of Theatre and Dance at Appalachian State University, received her MFA in Dance Performance from Ohio State University and an MA in Community Counseling and Expressive Arts Therapy from Appalachian State University. She continues to work as a freelance performance artist throughout the country.



ELLEN BARLOW

Ellen Barlow lives and works in Washington, DC as a movement educator and therapist. She was certified as a Yoga Instructor (Shivananda Yoga Vendanta) by Swami Vishnu Devananda in 1973, a practitioner of Body-Mind Centering in 1982 and a teacher in 1985, and a Gyrotonic® Instructor in 2003. She is a founding member of The Body-Mind Centering Association (BMCA), and a past president of the International Somatic Movement Education and Therapy Association (ISMETA).



WENDELL BEAVERS

Wendell Beavers founded the MFA Theater; Contemporary Performance Program at Naropa University in 2004. He was a founding faculty member of NYU's Experimental Theater Wing and that program's director from 1984-1990. He retired from NYU as a Master Teacher at Tisch School of The Arts in 2003. He has developed extensive training for physical acting and contemporary dance based on BMC-related material for more than 30 years, first working with Bonnie Bainbridge Cohen.



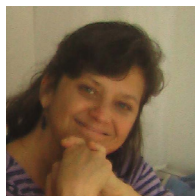
ERIKA BERLAND

Erika Berland is a Certified Practitioner of Body-Mind Centering, RMT and Licensed Massage Therapist. With her extensive performance background she has spent the past eight years integrating BMC into the graduate psycho-physical acting program at NU. She is also a senior teacher in the Shambhala Buddhist lineage.



OLIVE BIERINGA

Originally from New Zealand, Olive now lives in Minneapolis. She is a BMC teacher, shiatsu practitioner, MFA, and co-director of the BodyCartography Project with Otto Ramstad. They investigate empathy and the physicality of space in urban, domestic, wild, and social landscapes through dance, performance, video, installation, and education. Their work has been presented internationally by the Walker Art Center, Lyon Opera Ballet, Impulstanz Festival, Vienna amongst others.



MARYSKA BIGOS

Maryska Bigos began studying Body-Mind Centering in 1979 and has maintained a private practice for 30+ years. She taught BMC with dance, yoga, bodywork, and therapeutic massage for many years at the American Dance Festival; Duke University Medical Center; Carolina School of Massage; and, since 2006, has directed BMC Somatic & Developmental Movement and Practitioner trainings.



ANNIE BROOK

Annie Brook, PhD, is a Registered Movement Educator (ISMETA), certified BMC teacher, Yoga teacher, BioDynamic Cranio-sacral therapist, and BMP psychotherapist. She brings together BMC, Somatic Psychotherapy, and Perinatal Psychology. Annie's current work focuses on weaving our earliest impressions into a personal narrative that integrates trauma and brings empowerment, ease, and enjoyment to life.



CLOVER CATSKILL

Clover Catskill has 35 years experience as a private and university instructor, counselor, bodyworker, performer, and director. She has education and experience in psychology, counseling, bodywork, dance, performing arts, creative arts, somatic and expressive arts therapies, ritual and spiritual practice; and is a certified Body-Mind Centering practitioner (since 1994) and a licensed Marriage and Family Therapist.



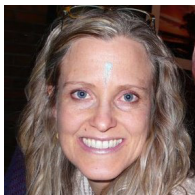
BONNIE BAINBRIDGE COHEN

The work of innovator and leader Bonnie Bainbridge Cohen has influenced the fields of bodywork, movement, dance, yoga, body psychotherapy, and childhood education for over 50 years. In 1973, she founded The School for Body-Mind Centering where students from over thirty countries have studied. She is the author of the book *Sensing, Feeling and Action* and five DVDs detailing her work. She is currently working on a number of other books and DVDs.



TRUDE CONE

Trude Cone is an innovative dance educator. She was co-artistic director of the School for New Dance Development in Amsterdam, Netherlands, teaching dance and movement research for 30 years, and director of the dance departments. She is a BMC practitioner (1989) and in 2009 became a Neuro Physiological, Psychological Therapist. She developed Moving Thought and works as a coach with students with learning disabilities and adults who have come to a standstill in their lives.



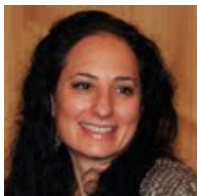
BETH ERLANDER

Beth Erlander is an LPC, ATR: Art, Play and Body-Centered Psychotherapist in private practice in Denver/Boulder. She completed Annie Brook's BodyMind Somanautics training in 2012 and is currently a Teaching Assistant for the program. Presently her main curiosity is the effect of trauma and grief on the body-mind connection.



JEANNE FEENEY

Jeanne Feeney graduated from the School for Body-Mind Centering in 1989. She then established Movement Laboratory where she teaches workshops and classes and has a private practice. In 2004 she was asked to bring her movement expertise to the parents of infants and toddlers at the local Waldorf School her children attended. Jeanne became a Waldorf early childhood educator and teacher in 2006.



JILLIAN FRAZIN

Jillian Frazin, LCSW, holds a Masters Degree in clinical social work from Loyola University and post-graduate training in Chinese Medicine, Internal Family Systems, EMDR, Healing Light Therapy, and Continuum Movement. Jillian specializes in addressing depression, anxiety, empowerment, relationships, boundaries, trauma, abuse, sacred sexuality, embodiment, movement, and grounding.



JOANNE GRAHAM

Joanne Gesualdi Graham has passionately explored the field of Occupational Therapy for 27 years and practices within a transdisciplinary team at Colorado Therapies, where she is co-owner. She utilizes her extensive studies with sensory processing, Neuro-Developmental Treatment, sound therapy, behavior, and reflex integration in order to help children and adults reach their potential.



ALICIA GRAYSON

Alicia Grayson has been teaching and performing CI for 24 years. She teaches Contact Improvisation, yoga, and pilates locally, has taught courses at several universities, and regularly travels to teach and perform. She completed one year of the BMC practitioner program. She is a student of BodyMind Somanautics with Annie Brook and is a graduate of the comprehensive training in the Hakomi Method of Experiential Psychotherapy.



WENDY HAMBIDGE

Wendy Hambidge, MFA, is a Certified Body-Mind Centering Practitioner and Teacher. She is a dancer/choreographer/educator. Wendy teaches in two BMC certification programs: Embodied Anatomy and Yoga with Amy Matthews and Somatic Movement Educator with the Kinesthetic Learning Center. She also teaches Embodied Anatomy for the Yoga Shala of Portland's teacher training program, as well as sees private clients. She snowboards, hikes, windsurfs and scuba dives.



CHRISTOPHER HEINS

Christopher is a multifaceted healer who has learned to approach self-recognition through a variety of modalities. Christopher has a Masters Degree in Transpersonal Psychology from Naropa University, in addition to years of personal exploration through shamanism and spiritual practice. Most recently he has begun to expand via Body Mind Somanautics.



LOIS HICKMAN

Lois Hickman, MS, OTR, FAOTA, has been practicing in the Boulder, CO, area since 1972. She has lectured nationally and internationally on sensory integration, the utilization of music and story in occupational therapy, the application of occupational therapy in therapeutic horseback riding, and the importance for clients of interacting with the real, outdoor world. Currently, therapy for children and adults is provided on her small organic farm near Lyons, CO.



MARGOT ISEMAN

Margot Iseman graduated in 1989 from the Somatic Psychology program at Naropa at the same time that she completed her BMC certification. She is currently teaches BMC principles in the BA Psychology program at The Naropa University. Margot has been a dancer all her life and is also a drug and alcohol counselor and Licensed Professional Counselor.

KRISTA KIMMEL SHAKALI

Born into a medical family, Krista Kimmel was instructed to view the body as a combination of muscles, veins, and neurotransmitters. Krista then studied psychology at the University of Montana and the Boulder Psychotherapy Institute, where she found the missing key to her childhood learning: consciousness in the body. Krista Kimmel enjoys a rich intellectual life and aspires to help others claim and improve human experience.



EILEEN KINSELLA

Eileen Kinsella is a BMC professional, registered somatic movement therapist and educator, and infant developmental movement educator with 29 years experience. Professional work includes private sessions for a variety of manual therapies and somatic practices, mentoring and coaching in life transitions, and somatic approaches to embodied life.



KYRA LOBER

Kyra Lober, CPTBMC, is the creator of Body Being & Heart, pathways to Spirit and Wellness, sessions, trainings and retreats. Kyra has been invited to teach Unwinding the Meridians with CranioSacral Therapy for the Upledger Institute. She has a BA and MA in Dance and is a graduate of NYC's High School of Performing Arts. She is an authorized teacher of Feldenkrais Awareness through Movement, Certified CranioSacral Therapist and Reiki Master.



MICHELE MANGIONE

Michele Mangione, BA in Dance, MA in Psychology, and PhD in Somatics Studies, studied with Alexander and Roger Pierce of the Center of Balance, along with many others in the bodywork, movement, and yoga fields. She founded the WiseWays™ integrative and therapeutic style of yoga, studio and teacher training programs. Her latest venture is Ageless Ways: FUNCTIONAL Fitness --for anybody who is not getting any younger.



WENDY MASTERSON

Wendy Masterson holds an MFA in Dance and is a nationally-recognized teacher, choreographer, and arts administrator, is a Somatic Movement Educator and a Gyrotonic® trainer. Wendy serves on the BMCA Board and is Director of Program Development of Kinesthetic Learning Center.



AMY MATTHEWS

Amy Matthews, CMA, IDME, BMC Teacher, RSMT/RSME, has been teaching movement since 1994. Amy teaches the BMC & Yoga programs in the US and has taught embodied anatomy and movement workshops for programs in the United States and internationally. She co-authored the best-selling book *Yoga Anatomy* with Leslie Kaminoff.



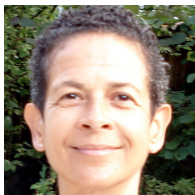
MELISSA MICHAELS

Melissa Michaels, EdD, has served as a midwife for the soul for the past three decades, assisting young people around the world on their journey through adolescence into productive adulthood. She is the Founder and Director of Surfing The Creative, the first contemporary leadership rites of passage program rooted in dance. She is a registered Somatic Movement Educator and Therapist (ISMETA) working with people throughout the life cycle.



GILL WRIGHT MILLER

Gill Wright Miller, PhD, professor of dance and women's studies at Denison since 1981, teaches somatics, movement analysis, and cultural studies. She is the co-editor of *Exploring Body-Mind Centering®: An Anthology of Experience and Methods* and is working on a text of how and by whom BMC developed. Gill served BMCA for many years as a Board member, hosted the Somatic Pedagogies Conference at Denison in 2010, and currently serves on the BMCA Advisory Board.



ROXYLN MORET

Roxlyn Moret has been exploring, practicing, and teaching movement and the healing arts for 40 years. She is a BMC teacher, a CMA, an Experienced Registered Yoga Teacher (ERYT-500) and a member of ISMETA. Roxlyn teaches teachers at a New York City school and groups at corporations. She conducts workshops for professionals and has an active private practice. She co-coordinates the EAY and the EDMY programs in NYC with Amy Matthews.



OTTO RAMSTAD

Otto Ramstad, BMC teacher, BA in Dance, is based in Minneapolis and began his BMC studies at the age of six with Suzanne Rivers. As co-director of the BodyCartography Project with Olive Bieringa, he investigates empathy and the physicality of space in urban, domestic, wild, and social landscapes through dance, performance, video, installation, and education. BodyCartography was named this year's Dance Company of the Year by the Twin Cities City Pages.



JULIE RAPPAPORT

Julie Rappaport, MA, LPC, cAht, is a transpersonal, child, couples and family psychotherapist by degree (May, 2001), both completed and assists in the BodyMind Somanautics training, and specializes in somatics, early childhood attachment and imprints. Julie uses a variety of modalities including hypnotherapy, energy therapy, movement, and BodyMind Somanautics to help her clients unpack and unravel the pre-verbal subconscious stories of their lives.



CHRISTA RAY

Christa Ray is a Voice Movement Therapist (VMT), performance artist, actor, playwright, shamanic sound healer, and Somatic Respiratory Integration facilitator working in the healing arts field for 25 years. She holds a MFA in Theater; Contemporary Performance from Naropa (2006) where she studied BMC with Erica Berland and Wendell Beavers. Currently she offers Embodied Voice/Singing Body trainings in Boulder, CO, Berkeley, CA, and Whidbey Island, WA.



SUZANN ROBINS

Suzann Robins, a Social Science professor, yoga and tai chi practitioner, is an instigator of integrative health care who incorporates yogic teachings with developmental psychology. Author of *Exploring Intimacy: Cultivating Healthy Relationships through Insight and Intuition*, published by Rowman and Littlefield, (2010). More information can be found on her website www.SuzannRobins.com.



LEENY SACK

Leeny Sack is a performance artist, teacher/ counselor of autobiographically-derived work, and certified Master Teacher of Kinetic Awareness™. She has performed extensively at venues including the Venice Biennale, The Edinburgh Festival, The American Dance Festival, and the Whitney Museum of American Art. A former faculty member of NYU, she currently teaches at Naropa University.



KIM SARGENT-WISHART

Kim Sargent-Wishart is a BMC practitioner, dance/ movement educator and artist based in Melbourne, Australia. She is a PhD candidate in Performance Studies at Victoria University, researching embodiment, emptiness, and acts of creative genesis, through movement inquiry, somatic awareness, performance practices, dialogue, reading and writing. Her research incorporates perspectives on embryology and embodiment from Tibetan Buddhism and BMC.



ARIELLE SCHWARTZ

Arielle Schwartz, PhD, is a licensed clinical psychologist with a previous degree in Somatic Psychology. She teaches and presents throughout Colorado on somatic therapies, EMDR, attachment related trauma, and the neuroscience of the body-mind connection. Her doctoral dissertation researched the barriers to integration of mind-body therapies by clinical psychologists.



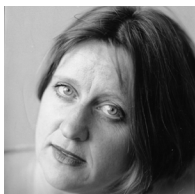
MICHAEL KURTZMAN SCHACHRUR

Michael Shachrur is a BMC and shiatsu practitioner, movement teacher, and performer. He is a partner and teacher at “Artness School for Movement and its Performance” (Israel). Michael earned a BA in contemplative psychology, Naropa University, and a MMus (dance composition track), The Jerusalem Academy of Music and Dance. Michael lives in Israel with Efrat and little son Natan.



JENNIFER SMITH

Jennifer Smith received her BA in Dance and her MA in Interdisciplinary Arts from Columbia College/ Chicago and her MFA in Dance from the University of Wisconsin/ Milwaukee. Jennifer is the director of Back & to the Left Productions Dance Company and is an Associate Professor at Knox College in Galesburg, IL.



TONI SMITH

Toni Smith is a Body-Mind Centering Practitioner and an Infant Development Movement Educator. She is a founding member of the NYS DanceForce and Partners in Dance and served as the Artistic Director of the National Museum of Dance. She is a 23-year veteran of the Skidmore Dance Faculty, serving as the Faculty Advisor for Summer Dance at Skidmore. Toni is the originator of Adaptive Yoga for persons with disabilities and teaches workshops in BMC in upstate NY.



JOE STOLLER

Joe Stoller is a Qigong, Somatic Movement, and Contact Improvisation teacher and a bodyworker. Since 1997, his study and teaching have been especially engaged with the diverse social and cultural contexts of movement practices as people constantly relocate themselves in this global age.



MARIKO TANABE

Currently based in Montreal, Mariko has been presenting her choreographic works during the past 25 years in Asia, Europe, and North America. For twelve years she worked with American Dance Master Erick Hawkins in NYC as a principal dancer and rehearsal director. She teaches workshops to dance companies and at universities and art centers throughout the world. She is a certified Teacher of BMC, as well as an Infant Developmental Movement Educator and Yoga Teacher.

CONTACTS

Below is a list of all those who had registered for the conference by May 15, 2013.
This list is provided for individual contact only. It is not to be used for any other purpose.
An asterisk (*) indicates "presenter."

Abshire, Jeannette*	Boulder, CO		
Adelman, Gregory	Boulder, CO		
Albert, Sephra	Boulder, CO		
Alexander, Jasmine	New York, NY		
Allen, Patricia	Stockbridge, MI		
Allen, William Martin	Boulder, CO		
Amory, Kate Kohler	Brookline, MA		
Angello, Lilia	Ghent, NY		
Aposhyan, Susan*	Boulder, CO		
Ashlie, Riun*	Nederland, CO		
Atkins, Laurie*	Boone, NC		
Bainridge Cohen, Bonnie*	El Sobrante, CA		
Balcos, E.E.	Charlotte, NY		
Barlow, Ellen*	Washington, DC		
Barnaby, Sarah	New York, NY		
Bassler Averitt, Abigail	Louisville, CO		
Beavers, Wendell*	Boulder, CO		

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Personal contact information has been
removed to protect the privacy of the presenter.

Berland, Erika*	Boulder, CO		
Berlin, Alexandra	Boulder, CO		
Bieringa, Olive*	Minneapolis, MN		
Bigos, Maryska*	Durham, NC		
Brody, Rachael	Boulder, CO		
Brook, Annie*	Boulder, CO		
Capron, Tory	Nederland, CO		
Catskill, Clover*	Berkeley, CA		
Chenis, Patti	Boulder, CO		
Coates, Christina	Boulder, CO		
Cochran, Mary	Bronx, NY		
Cone, Trude*	Amsterdam, NETHERLANDS		
Cook, Jan	Penfield, NY		
Cottrill, Kellie	Stillwater, MN		
Crosby, Candance	Missoula, MT		
Dann, Jeffrey	Boulder, CO		
DeVoe, Celia	Boulder, CO		
di Paola, Ellyce	New York, NY		
Distler, Allison	Bloomington, IN		

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Dolin, Julie	Boulder, CO		
Erlander, Beth*	Boulder, CO		
Ethridge, Pat	New York, NY		
Feeney, Jeanne*	Takoma Park, MD		
Frazin, Jillian*			
Garritty, Lucy	Lakewood, CO		
Giulini, Elena	Boulder, CO		
Go, Marian	Mill Valley, CA		
Graham, Joanne*	Boulder, CO		
Grayson, Alicia*	Nederland, CO		
Hambidge, Wendy*	Portland, OR		
Heber, Patrice	Stone Ridge, NY		
Heins, Christopher*	Louisville, CO		
Hickman, Lois*	Longmont, CO		
Iseman, Margot*	Longmont, CO		
Jensen, Karen	Boulder, CO		
Jorba, Laia	Boulder, CO		
Kampf, Molly	Lafayette, CO		
Kaufman, Kim	Great Barrington, MA		

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Kennedy, Ryan	Boulder, CO		
Kimmel, Krista*	Black Hawk, CO		
Kinsella, Eileen*	St. Louis, MO		
Kolwey, Debora	Boulder, CO		
Krechevsky, Phyllis	W. Hartford, CT		
Kurtzman Shachrur, Michael*	Jerusalem, ISRAEL		
Leversee, Jill	Boulder, CO		
Lober, Kyra*	Montreal, QC CANADA		
Lourie, Susan	Middletown, CT		
Loux-Turner, Adele	Brooklyn, NY		
Maloney, Mariah	Brockport, NY		
Mangione, Michele*	Columbus, OH		
Masterson, Wendy*	Interlochen, MI		
Mathieu, Michael	Boulder, CO		
Matthews, Amy*	New York, NY		
McDonald-Williams, Tajah	Boulder, CO		
Micene, Terri	Boulder, CO		
Michaels, Melissa*	Boulder, CO		

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Miller, Gill Wright*	Granville, OH		
Mills, Zach	Boulder, CO		
Mitchell, Melanie	San Francisco, CA		
Moret, Roxlyn*	New York, NY		
Morgan, Natalie	Boulder, CO		
Nachmany, Noya	Den Haag, NETHERLANDS		
Neiman, Barbara	New Paltz, NY		
Neiman, Tanya	New Paltz, NY		
Nelson, Chrissy	Boulder, CO		
Patsis-Bolduc, Helena	Boulder, CO		
Ramet, Sandra	Oakland, CA		
Ramstad, Otto*	Minneapolis, MN		
Rappaport, Julie*	Boulder, CO		
Ray, Christa*	Lafayette, CO		
Reisberg, Marika	Boulder, CO		
Roberts, Neil	Boulder, CO		
Robins, Suzann*	Denver, CO		
Roll, Roberta	Copake, NY		
Sack, Leeny*	Lafayette, CO		

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Sager Evanson, Wendy	Truth or Consequences, NM		
Santoyo, Veronica	Boulder, CO		
Sargent-Wishart, Kim*	Melbourne, AUSTRALIA		
Savage, Saliq	Northampton, MA		
Schwab, Bonnie	Lafayette, CO		
Schwartz, Arielle*	Boulder, CO		
Setty, Nicole	Boulder, CO		
Shapiro, Shay	Prescott, AR		
Sills, Renee	Portland, OR		
Silver, Deborah	Boulder, CO		
Singman, Bonnie	Boulder, CO		
Sinn, Hillary	Boulder, CO		
Smith, Toni*	Troy, NY		
Smith, Jennifer*	Galesburg, IL		
Stanek, Dorte	Boulder, CO		
Starsong, Heather	Boulder, CO		
Stecher, Gretchen	Boulder, CO		
Stoller, Joe*	Boulder, CO		

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removed to protect the privacy of the presenter.

Sutton, Heather	Westminster, CO		
Tanabe, Mariko*	Montreal, QC CANADA		
Thoburn, Linden	Brighton, MI		
Victoria, Himmat	Boulder, CO		
Videgain, Patricia	Basking Ridge, NJ		
von Richter, Linda	Mississauga, ON CANADA		
Waldman, Maren	Boulder, CO		
Wieback, Racel Prairie	Lafayette, CO		
Willis, Chelsea	Boulder, CO		
Willmeng, Mary	Lafayette, CO		
Wintman, Elaine	Salem, MA		
Witzling, Kelsey*	Galesburg, IL		
Wolf, Asha	Longmont, CO		
Wolf, Lindsay	Boulder, CO		
Zubaedi, Megan Eggers	Boulder, CO		

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Personal contact information has been
removed to protect the privacy of the presenter.

The background of the entire page is a photograph of a dance studio. Two women are visible. One woman in the foreground is wearing a white tank top and dark pants, with her arms raised and head tilted back. Another woman in the background is wearing a white long-sleeved shirt and dark pants, looking towards the camera. The studio has white brick walls and wooden ballet barres.

CALL FOR PRESENTERS

29th Annual U.S. Body-Mind Centering Association Conference

**BODY-MIND CENTERING AND THE MOVING BODY
SKIDMORE COLLEGE, SARATOGA SPRINGS, NEW YORK**

JUNE 27 - 29, 2014

with pre-conference workshops: June 25 - 27, 2014

DEADLINE FOR PROPOSALS: JULY 15, 2013

**Seeking both Individual Proposals and Panel Discussion Proposals
that address somatic applications to
"THE BODY IN MOTION"**

TOPICS

may include, but are not limited to:

dance, anatomy, physiology, development, science, therapeutic approaches, and Body-Mind Centering.

FORMATS

may include, but are not limited to:

studio workshop, presentation, performance, case study, research, film.

LINK TO SUBMIT A PROPOSAL:

WWW.BMCASSOCIATION.ORG/CONFERENCES



We are indeed grateful to the Boulder 2013 Conference Committee for putting together this 28th Annual BMCA Conference, and to Naropa for their support and space. It takes many heads, hearts, and hands to provide this experience for us all. Many thanks to those who contributed, however large or small.

Boulder, CO (2013) Conference:

Erika Berland and Annie Brook: Conference Co-Chairs

Britt Becka: Conference Programming

Wendy Hambidge and Amy Matthews: Silent Auction Co-Chairs

Gill Wright Miller: Conference Advisory & Booklet

Pat Ethridge: BMCA President

Ellen Ferris: BMCA Administrator

Chrissy Coates, Monica Dionysiou, Chelsea Gregory, Zenia Mercil: Interns